

Fitness Contest 2017

This year, some of the seniors at our Senior Centers participated in our 12-week Fitness Contest. The **purpose** of this contest was to encourage our Seniors to exercise more so they can live healthier, happier, more fulfilling lives.



We had over **197** participants in **17** Senior Centers. **166** of these participants reached the Fitness Goal of this contest. They will receive "Fitness Contest" certificates at their senior centers.

The Senior Centers with the **most successful** Fitness Contests also received a certificate. Success was determined by the center's *overall mileage average, percentage of participants that met the fitness goal, and by the percentage of clients that participated.*

The Most Successful Centers Were...

Gadsden Senior Center
Glencoe Senior Center
Woodland Senior Center

Other Successful Centers Were...

| | |
|--------------|--------|
| Fruithurst | Oxford |
| Jacksonville | Valley |
| Munford | |

The Grand Prize Winners Were...

Clara Hoyt of *Gadsden*
Chris Beatty of *Anniston*
Louise Smith of *Woodland*

Other Top Winners Were...

| | | | | | |
|---------------|----------------|----------------|--------------------|--------------|-----------------|
| Anniston's | Betty Lloyd | Jacksonville's | Dayle Brooks | Rockford's | Nellie Ferguson |
| | Chris Beatty | | Jane Sparrowhawk | Sylacauga's | Ludie Glasscock |
| Attalla's | Sarah Marler | LaFayette's | Clara Roache | Valley's | Carrie Walker |
| Fruithurst's | Becky Robinson | Lanett's | Betty Travick | | Wanda Phipps |
| | Wanda Collins | | Thelma Bailey | West Coosa's | Judy Green |
| Gadsden's | Carmen Johnson | Munford's | Lois Bennett | Woodland's | Anne Gowens |
| | Clara L. Hoyt | | Sue Stephens | | Louise Smith |
| Glencoe's | Agnes Skinner | Oxford's | Barbara Goodman | | |
| | Eloise Ramer | | Charles Funderburg | | |
| | Jerry Skinner | | Ramon Cordova | | |
| Hobson City's | Mary Smith | Roanoke's | Mattie Dean | | |

