



**1-800-AGE-LINE**  
**1-800-243-5463**

[www.EastAlabamaAging.org](http://www.EastAlabamaAging.org)

## MayDay is Almost Here!

This year's MayDay Senior Celebration is right around the corner! It will be held on **Thursday, May 17, 2018** at the *Motorsports Hall of Fame* in Talladega. This year's motto will be "**Aging Like Champions**"! The doors will open at 8:00 a.m. and the entertainment will begin at 10:00 a.m. The fun ends after the FREE lunch. If you haven't gotten tickets yet, hurry and call our Ticket Voicemail now!



Click the link for more information! <https://bit.ly/2w00DTE>

## American Stroke Month

May is American Stroke Month! Strokes are the fifth leading cause of death and leading cause of preventable disability. More than 795,000 people suffer a stroke each year. One in four stroke survivors have another, however up to 80 percent of strokes may be preventable. Let's end strokes together!



Click here to learn more stroke prevention: <https://bit.ly/2rscYeo>

**Area Agency on Aging**  
AGING AND DISABILITY RESOURCE CENTER