



1-800-AGE-LINE
1-800-243-5463

www.EastAlabamaAging.org

District 4 & 6 Masters Games Winners

We are proud to announce that **more than 130** of our District Masters Games participants qualified for **over 340** events at the State Masters Games next month in Trussville, AL the week of October 2 – 5, 2017. There will be 29 events including Dominoes, Checkers, Rook, Shuffleboard, Billiards, Bowling, Table Tennis, Basketball Free Throw, 3-on-3 Half-court Basketball, 5K Run, Pickleball, 9 Swimming events, and more!



Click on a link below to see pictures and winners from this year's District Games.

- [District 4](#)
- [District 6](#)

Walk to End Alzheimer's

Our Alabama CARES program will be a sponsor of the 2017 "East Central Alabama Walk to End Alzheimer's" on September 30, 2017 in Anniston, AL. All funds raised through this event further the care, support, and research efforts of the Alzheimer's Association. They are a nonprofit 501(c)3 organization. All donations are tax-deductible as allowed by law.

Come join us as we "Walk to End Alzheimer's". [Click here](#) for more information.



So, What is Medicare?

People often confuse Medicare and Medicaid. So, what is the difference? **Medicare** is a federal program that provides health coverage regardless of a person's income. It is for people that have a severe disability or that are 65 or older. **Medicaid** is a state and federal program that provides health coverage for individuals with a low income.

50% of Medicare beneficiaries **don't know** what parts A – D cover. The different parts of Medicare help cover specific services: Part A (Hospital Insurance), Part B (Medical Insurance), Part C (Medicare Advantage Plans), and Part D (prescription drug coverage).



Our State Health Insurance Assistance Program (**SHIP**) helps people understand their Medicare benefits, determine which prescription drug plan fits them best, and are here to answer any questions about Medicare. [Click here](#) for more information.

For those of you **turning 65** in the next year, now is a good time to find out how and when you should sign-up for Medicare. [Click here](#) for details. For many people, this link may suggest that you sign up for Medicare **up to 3 months** before turning 65 to avoid a gap in health coverage.