



**1-800-AGE-LINE**  
**1-800-243-5463**

[www.EastAlabamaAging.org](http://www.EastAlabamaAging.org)

## Medicare Part B Open Enrollment Events

Our Agency will host **enrollment assistance fairs** to help Medicare recipients compare prescription drug plans in the following counties: Calhoun, Chambers, Cherokee, Cleburne, Clay, Coosa, Etowah, Randolph, Talladega, and Tallapoosa. To participate in a counseling session, Medicare recipients need to bring their Medicare Card and a complete list of medications they are taking with dosage and strength. For more information, [visit our website!](#)



## Senior Employment Program

Our **Senior Community Service Employment Program (SCSEP)** is designed to help older adults find employment by building their skills & confidence. If you are age 55 or older, low-income, unemployed, and seeking employment, you may qualify for paid training opportunities! To learn more, [visit our website.](#)



## Beat Seasonal Blues

As winter approaches and darkness comes earlier, seasonal blues become increasingly common. Here are 7 easy ways to beat those seasonal blues, [click here!](#)

**Area Agency on Aging**  
AGING AND DISABILITY RESOURCE CENTER