

**Older Americans Act
FY20 Nutrition Services Definitions**

Eligibility: Meals must be served to individuals

- Age 60 and over
- Spouses of individuals age 60 and over (C-1-congregate)
- Person with Disability residing with eligible participant
- Person with Disability @ Senior Centers located in Housing Facilities primarily occupied by older individuals; can serve individuals with disabilities under age 60
- Volunteer assisting at mealtime

Verification: Must complete enrollment form and nutrition assessment annually. All participants must complete ADL/IADL checklist on enrollment form. Volunteer must complete participant information on enrollment form.

Target Population under OAA for services and programs: Age 60 + with greatest social and economic need, especially low-income older people, those residing in rural areas, older people with limited English proficiency, and older people at greatest risk for institutional care (i.e., has at least two ADL impairments).

Service Category	Fund Source	Unit	Definition	Notes
Congregate Meals	Title III-C1 State Local Program Income Other	1 meal = 1 unit* Registered participant Aggregate for approved events	A meal provided to a qualified individual in a congregate or group setting. The meal as served must meet all of the requirements of the Older Americans Act and State/local laws. [NAPIS_2016]	Any meal counted as unit of service must be provided under ADSS contract or must be approved by ADSS Registered Dietitian Nutritionist. Only congregate meals served under situations of picnics or shelf stables may be entered into AIMS as "aggregate" when approved by ADSS.

*** Note:**

- (1) Liquid Meal Replacements: 2 cans = 1 unit (Do not count toward NSIP effective 10-1-15)
- (2) Liquid Meal Replacements -must have doctor's order in file and update annually.

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Nutrition Definitions Final (7-17-19)

Service Category	Fund Source	Unit	Definition	Notes
Home-Delivered Meals	Title III-C2 State Local Program Income Other	1 meal = 1 unit* Registered participant	A meal provided to a qualified individual in his/her place of residence. The meal is served in a program administered by the Area Agency on Aging and must meet all of the requirements of the Older Americans Act and State/local laws. [NAPIS_2016]	Any meal counted as unit of service must be provided under ADSS contract or must be approved by ADSS Registered Dietitian Nutritionist. Must have at least one ADL or I-ADL Impairment. Individuals who are isolated and do not have access to public/private transportation can receive home delivered meals.
Transportation subservice (Home-Delivered Meals)	Title III-C2 State Local Program Income Other	1 delivery = 1 unit Registered participant	This unit of transportation may apply to meals of any type delivered to the participant's residence from the senior center or other drop-off point. If the AAA pays to deliver a frozen meal pack, it is one unit of transportation per delivery and per person, but not per meal.	Does not include meal deliveries by GA Foods to the participant's residence. The cost of GA Foods' meal delivery is part of the meal cost. Does not include family pick-up and delivery. Effective 10-01-12, Title III-B funds cannot be used to transport meals.
Nutrition Education	Title III-C1 Title III-C2 State Local Program Income Other	1 contact = 1 unit Capture 1 unit per participant Aggregate	A program to promote better health by providing accurate and culturally sensitive nutrition, physical fitness, or health (as it relates to nutrition) information and instruction to participants, caregivers, or participants and caregivers in a group or individual setting overseen by a dietitian or individual of comparable experience. [NAPIS2016] [OAA, Section 330. Nutrition]	Use only materials from reliable sources approved by ADSS. Effective 10-01-12, Title III-D funds cannot be used for Nutrition Education. Example: Center Manger reads nutrition education materials to 25 participants = 25 units

* Note:

(1) Liquid Meal Replacements: 2 cans = 1 unit (**Do not count toward NSIP effective 10-1-15**)

(2) Liquid Meal Replacements-must have doctor's order in file and update annually.

Nutrition Definitions Final (7-17-19)

Service Category	Fund Source	Unit	Definition	Notes
Nutrition Counseling	Title III-C1 Title III-C2 State Local Program Income Other	1 session = 1 unit Capture 1 unit per Individual Registered participant	Individualized guidance to individuals (or their caregivers) at nutritional risk because of their health or nutrition history, dietary intake, chronic illnesses, or medication use. Counseling is provided one-on-one by a registered dietitian and addresses the options and methods for improving nutritional status. [NAPIS_2016]	Effective 10-01-13, Title III-D funds cannot be used for Nutrition Counseling.

Note: Spouses who are caregivers of C-2 homebound and are under age 60 should be provided a meal with Caregiver Supplemental or State funds if requested. They should be registered under the caregiver program with fund source either federal or state.

Sources:

1. Older Americans Act- 2016 Amendments, <https://www.acl.gov/about-acl/policy-and-regulations>
2. Reporting Requirements for Title III and VII, NAPIS, ACL/AOA, August 1,2016, OMB Approval Number 0985-0008, Expires 12/31/2019 <https://agid.acl.gov/>