

**ADSS Breakfast Allergen Menu
Fall 2017**

	Monday	Tuesday	Wednesday	Thursday	Friday
17003	Complete Bran Cereal - Wheat Whole Wheat Bread - Soy, Wheat Pear Cup Toast Crackers - Milk, Nuts, Soy, Wheat	Corn Flakes Cereal Waffles - Egg, Milk, Soy, Wheat Syrup Strawberry Applesauce Vanilla Goldfish Grahams - Egg, Milk, Soy, Wheat	Toasted Oat Cereal - Wheat Banana Muffin - Soy, Wheat Mixed Fruit Cup Cheese Crackers - Milk, Soy, Wheat	Honey Nut Oat Cereal - Wheat, Nuts English Muffin - Wheat Jelly Mandarin Orange Cup Butterscotch Oatmeal Bar - Egg, Milk, Soy, Wheat	Raisin Bran Cereal - Wheat Cinnamon Bread - Wheat, Soy, Milk Peach Cup Chocolate Chip Oatmeal Bar - Egg, Milk, Soy, Wheat
27003	Raisin Bran Cereal - Wheat Banana Muffin - Soy, Wheat Peach Cup Vanilla Goldfish Grahams - Egg, Milk, Soy, Wheat	Complete Bran Cereal - Wheat Waffles - Egg, Milk, Soy, Wheat Syrup Pear Cup Toast Crackers - Milk, Nuts, Soy, Wheat	Frosted Flakes Cereal Bran Muffin - Soy, Wheat Raisins Graham Crackers - Soy, Wheat	Bran Flakes Cereal - Wheat Cinnamon Raisin Bagel - Soy, Wheat Cream Cheese - Milk Applesauce Cup Strawberry Cereal Bar - Milk, Soy, Wheat	Honey Nut Oat Cereal - Wheat, Nuts Pancakes - Egg, Milk, Soy, Wheat Syrup Mandarin Oranges Fig Bar - Egg, Milk, Soy, Wheat
37003	Corn Flakes Cereal Waffles - Egg, Milk, Soy, Wheat Syrup Applesauce Cup Goldfish Crackers - Milk, Soy, Wheat	Oatmeal Banana Muffin - Soy, Wheat Pear Cup Graham Crackers - Soy, Wheat	Raisin Bran Cereal - Wheat Bagel - Soy, Wheat Cream Cheese - Milk Peach Cup Apple Cereal Bar - Milk, Soy, Wheat	Honey Nut Oat Cereal - Wheat, Nuts Bran Muffin - Soy, Wheat Pineapple Cup Toast Crackers - Milk, Nuts, Soy, Wheat	Bran Flakes Cereal - Wheat English Muffin - Wheat Jelly Mixed Fruit Cup Butterscotch Oatmeal Bar - Egg, Milk, Soy, Wheat
47003	Bran Flakes Cereal - Wheat Pancakes - Egg, Milk, Soy, Wheat Syrup Mixed Fruit Cup Fig Bar - Egg, Milk, Soy, Wheat	Complete Bran Cereal - Wheat Cinnamon Bread - Wheat, Soy, Milk Pineapple Cup Cheese Crackers - Milk, Soy, Wheat	Oatmeal Cinnamon Raisin Bagel - Soy, Wheat Cream Cheese - Milk Raisins Butterscotch Oatmeal Bar - Egg, Milk, Soy, Wheat	Crisp Rice Cereal Biscuit - Milk, Wheat Jelly Peach Cup Goldfish Crackers - Milk, Soy, Wheat	Toasted Oat Cereal - Wheat Whole Wheat Bread - Soy, Wheat Applesauce Cup Blueberry Cereal Bar - Milk, Soy, Wheat
57003	Oatmeal Bran Muffin - Soy, Wheat Mandarin Orange Cup Strawberry Cereal Bar - Milk, Soy, Wheat	Bran Flakes Cereal - Wheat Biscuit - Milk, Wheat Jelly Pear Cup Vanilla Goldfish Grahams - Egg, Milk, Soy, Wheat	Toasted Oat Cereal - Wheat English Muffin - Wheat Jelly Applesauce Cup Chocolate Chip Oatmeal Bar - Egg, Milk, Soy, Wheat	Raisin Bran Cereal - Wheat Banana Muffin - Soy, Wheat Mixed Fruit Cup Goldfish Crackers - Milk, Soy, Wheat	Complete Bran Cereal - Wheat Bagel - Soy, Wheat Cream Cheese - Milk Raisins Cheese Crackers - Milk, Soy, Wheat

1% Milk (Allergen: Milk) and Orange Juice (No Allergens) served everyday. Margarine (Allergens: Milk, Soy) served every day except when cream cheese is served.

ADSS Breakfast Allergen Menu Fall 2017

	Saturday	Sunday
17003	Oatmeal Bran Muffin - Soy, Wheat Pineapple Cup Blueberry Cereal Bar - Milk, Soy, Wheat	Bran Flakes Cereal - Wheat Biscuit - Milk, Wheat Jelly Applesauce Cup Graham Crackers - Soy, Wheat
27003	Toasted Oat Cereal - Wheat English Muffin - Wheat Jelly Strawberry Applesauce Apple Cereal Bar - Milk, Soy, Wheat	Oatmeal Cinnamon Bread - Wheat, Soy, Milk Mixed Fruit Cup Goldfish Crackers - Milk, Soy, Wheat
37003	Complete Bran Cereal - Wheat Biscuit - Milk, Wheat Jelly Raisins Fig Bar - Egg, Milk, Soy, Wheat	Toasted Oat Cereal - Wheat Whole Wheat Bread - Soy, Wheat Mandarin Orange Cup Chocolate Chip Oatmeal Bar - Egg, Milk, Soy, Wheat
47003	Raisin Bran Cereal - Wheat Banana Muffin - Soy, Wheat Pear Cup Toast Crackers - Milk, Nuts, Soy, Wheat	Corn Flakes Cereal English Muffin - Wheat Jelly Strawberry Applesauce Vanilla Goldfish Grahams - Egg, Milk, Soy, Wheat
57003	Corn Flakes Cereal Cinnamon Bread - Wheat, Soy, Milk Pineapple Cup Fig Bar - Egg, Milk, Soy, Wheat	Honey Nut Oat Cereal - Wheat, Nuts Waffles - Egg, Milk, Soy, Wheat Syrup Peach Cup Apple Cereal Bar - Milk, Soy, Wheat

1% Milk (Allergen: Milk) and Orange Juice (No Allergens) served everyday. Margarine (Allergens: Milk, Soy) served every day except when cream cheese is served.