ADSS Fall 2017 Allergen Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
	Pesto Chicken - Soy, Milk	Meatballs with Rice & Gravy - Wheat, Soy	BBQ Chicken Breast - Soy	Taco Soup - Soy, Wheat	Zesty Orange Pork - Soy, Wheat
	Red Skin Potatoes - Milk	Mixed Greens - Milk	Sweet Potatoes - Egg, Milk, Soy	Cinnamon Apples - Egg, Milk, Soy	Green Peas - Milk
			Broccoli - Milk	Green Beans - Milk	Cauliflower - Milk
		Cornbread Muffin - Milk, Soy, Wheat	Cornbread Muffin - Milk, Soy, Wheat	Whole Wheat Bread - Soy, Wheat	Whole Wheat Bread - Soy, Wheat
	Bran Muffin - Soy, Wheat Fig Bar - Wheat, Soy, Milk, Egg	Mixed Fruit Cup	Raisins	Chocolate Pudding - Milk	Applesauce Cup
	Orange Juice	Blended Juice	Orange Juice	Grape Juice	Blended Juice
	Crange value	Dictided dulce	Crange value	Grape duice	Dichaca daloc
	183	200	153	137	131
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	Spaghetti & Meatballs - Soy, Wheat	Mushroom Swiss Chicken - Soy, Milk, Wheat	Beef Patty with Onion Gravy - Soy, Wheat	Chicken Parmesan - Soy, Egg, Wheat, Milk	Homestyle Meatloaf - Soy, Wheat, Egg
	Whole Kernel Corn - Milk	Cinnamon Apples - Egg, Milk, Soy	Hash Browns	Red Skin Potatoes - Milk	Winter Vegetables - Milk
	Broccoli - Milk	Carrots - Milk	Green Peas - Milk	Asparagus - Milk	Lima Beans - Milk
	Whole Wheat Bread - Soy, Wheat	Cornbread Muffin - Milk, Soy, Wheat	Cornbread Muffin - Milk, Soy, Wheat	Bran Muffin - Soy, Wheat	Whole Wheat Bread - Soy, Wheat
	Vanilla Pudding - Milk	Fudge Round Cookie - Egg, Milk, Soy, Wheat		Graham Crackers - Soy, Wheat	Chocolate Creme Cookies - Wheat, Sov. Milk
		Grape Juice	Orange Juice	Apple Juice	Orange Juice
	165	119	188	177	123
	Chicken Florentine - Wheat, Soy	Salisbury Steak with Gravy - Wheat, Soy	Ravioli & Spinach Alfredo - Wheat, Milk, Egg, Soy	Chipotle Meatloaf - Soy, Wheat, Egg	Chicken & Tomato Basil Penne - Soy, Wheat, Milk
	Carrots - Milk	Red Skin Potatoes - Milk	Lima Beans	Hash Browns	Green Beans - Milk
	Asparagus - Milk	Broccoli - Milk	Seasons Vegetables	Brussels Sprouts - Milk	Corn with Peppers - Milk
	Cornbread Muffin - Milk, Soy, Wheat	Bran Muffin - Soy, Wheat	Whole Wheat Bread - Soy, Wheat	Cornbread Muffin - Milk, Soy, Wheat	Whole Wheat Bread - Soy, Wheat
	Raisins	Strawberry Cereal Bar - Milk, Soy, Wheat	Chocolate Pudding - Milk	Applesauce Cup	Vanilla Goldfish Grahams - Egg, Milk, Soy, Wheat
		Apple Juice	Orange Juice	Grape Juice	Orange Juice
	179	147	149	184	129
			T		
		BBQ Chicken Drummies - Soy, Egg	Veal Parmesan - Soy, Wheat, Milk	Chicken Chili	Beef Strips & Orange Rice - Wheat, Soy
		Red Skin Potatoes - Milk	Carrots - Milk	Cauliflower - Milk	Asparagus - Milk
		Green Beans - Milk	Broccoli - Milk	Mixed Vegetables - Milk	Cinnamon Apples - Egg, Milk, Soy
		Bran Muffin - Soy, Wheat	Whole Wheat Bread - Soy, Wheat	Whole Wheat Bread - Soy, Wheat	Whole Wheat Bread
	Pineapple Cup	Strawberry Applesauce	Cheese Crackers - Milk, Soy, Wheat	Oatmeal Creme Pie - Egg, Milk, Soy, Wheat	Vanilla Pudding - Milk
	Grape Juice	Orange Juice	Grape Juice	Apple Juice	Blended Juice
ļ	187	133	156	162	127
ī	Cramy Branded Chiefen Cov Free Miles	Doof Christs & Drown Crown Cov. Mile	Honey Mustard Chicken - Soy	BBQ Pork Patty - Soy	Alfredo Chicken & Penne - Soy, Milk, Wheat
	Creamy Breaded Chicken - Soy, Egg, Wheat Mixed Greens - Milk				
		Green Peas - Milk	Asparagus - Milk	Seasons Vegetables - Milk	Carrots - Milk
			Hash Browns	Lima Beans - Milk	Brussels Sprouts - Milk
			Bran Muffin - Soy, Wheat	Cornbread Muffin - Milk, Soy, Wheat	Whole Wheat Bread - Soy, Wheat
	Oatmeal Creme Pie - Egg, Milk, Soy, Wheat		Mixed Fruit Cup	Chocolate Pudding - Milk	Fig Bar - Wheat, Soy, Milk, Egg
	Blended Juice	Grape Juice	Apple Juice	Orange Juice	Grape Juice
	186	138	136	113	194
L	100	130	130	110	134

ADSS Fall 2017 Allergen Menu

Stuffed Shell & Meat Sauce - Milk, Egg, Wheat, Soy Mixed Vegetables - Milk Brussels Sprouts - Milk Whole Wheat Bread - Soy, Wheat Lemon Creme Cookies - Wheat, Soy, Milk Apple Juice Chicken & Waffle - Egg, Soy, Wheat Seasoned Green Beans - Milk Sweet Potatoes - Egg, Milk, Soy, Wheat Blueberry Cereal Bar - Milk Sheet Potatoes - Egg, Milk, Soy, Wheat Blueberry Cereal Bar - Milk Sweet Potatoes - Egg, Milk, Soy, Wheat Blueberry Cereal Bar - Milk Sweet Potatoes - Egg, Milk, Soy, Wheat Blueberry Cereal Bar - Milk Sweet Potatoes - Egg, Milk, Soy Wixed Greens - Milk Sweet Potatoes - Egg, Milk, Soy Wheat Seasoned Graven Beans - Milk Sweet Potatoes - Egg, Milk, Soy, Wheat Seasoned Green Beans - Milk Sweet Potatoes - Egg, Milk, Soy, Wheat Seasoned Green Beans - Milk Sweet Potatoes - Egg, Milk, Soy Wixed Greens - Milk Sweet Potatoes - Egg, Milk, Soy, Wheat Star Crunch Cookie - Egg, Milk, Soy, Wheat Star Crunch Sookie - Soy, Wheat Sook		Saturday	Sunday	
Mixed Vegetables - Milk Brussels Sprouts - Milk Whole Wheat Bread - Soy, Wheat Lemon Creme Cookies - Wheat, Soy, Milk Apple Juice Thicken & Waffle - Egg, Soy, Wheat Seasoned Green Beans - Milk Blueberry Cereal Bar - Milk, Soy, Wheat Blueberry Cereal Bar - Milk, Soy Green Peas - Milk Combread Muffin - Milk, Soy, Wheat Cauliflower - Milk Green Peas - Milk Cauliflower		Stuffed Shell & Meat Sauce - Milk, Egg, Wheat, Soy	Chicken Cacciatore - Soy, Wheat	
Brussels Šprouts - Milk Whole Wheat Bread - Soy, Wheat Lemon Creme Cookies - Wheat, Soy, Milk Apple Juice Chicken & Waffle - Egg, Soy, Wheat Seasoned Green Beans - Milk Sweet Potatoes - Egg, Milk, Soy Whole Wheat Bread - Soy, Wheat Blueberry Cereal Bar - Milk Blueberry Cereal Bar - Milk Sweet Potatoes - Egg, Milk, Soy Cornbread Muffin - Milk, Soy, Wheat Peach Cup Grape Juice Grilled Pork Patty & Brown Gravy - Wheat Peach Cup Grape Juice Chicken & Zesty Orange Rice - Soy, Wheat Cauliflower - Milk Whole Wheat Bread - Soy, Wheat Slueberry Cereal Bar - Milk Sweet Potatoes - Egg, Milk, Soy Cornbread Muffin - Milk, Soy, Wheat Peach Cup Grape Juice Rosemary Chicken - Soy, Wheat Whole Kernel Corn - Milk Mixed Greens - Milk Rosemary Chicken - Soy, Wheat Whole Kernel Corn - Milk Mixed Greens - Milk Whole Wheat Bread - Soy, Wheat Lima Beans - Milk Lima Beans - Milk Hash Browns Whole Wheat Bread - Soy, Wheat Lima Beans - Milk Hash Browns Whole Wheat Bread - Soy, Wheat Lima Beans - Milk Hash Browns Whole Wheat Bread - Soy, Wheat Lima Beans - Milk Hash Browns Whole Wheat Bread - Soy, Wheat Lima Beans - Milk Hash Browns Whole Wheat Bread - Soy, Wheat Lima Beans - Milk Hash Browns Whole Wheat Bread - Soy, Wheat Lima Beans - Milk Lima Beans - Milk Hash Browns Whole Wheat Bread - Soy, Wheat Lima Beans - Whilk Lima Beans - Whilk Lima Beans - Whilk Lima Beans - Wheat Lima B			Asparagus - Milk	
Whole Wheat Bread - Soy, Wheat Lemon Creme Cookies - Wheat, Soy, Milk Apple Juice Till		Brussels Sprouts - Milk		
Apple Juice Cranberry Juice Cranberry Juice	305	Whole Wheat Bread - Soy, Wheat		
Apple Juice Cranberry Juice Titl	170	Lemon Creme Cookies - Wheat Soy Milk		
Chicken & Waffle - Egg, Soy, Wheat Seasoned Green Beans - Milk Sweet Potatoes - Egg, Milk, Soy Whole Wheat Bread - Soy, Wheat Blueberry Cereal Bar - Milk, Soy, Wheat Blended Juice Grilled Pork Patty & Brown Gravy - Wheat, Soy Mixed Greens - Milk Sweet Potatoes - Egg, Milk, Soy Grilled Pork Patty & Brown Gravy - Wheat, Soy Mixed Greens - Milk Sweet Potatoes - Egg, Milk, Soy Cornbread Muffin - Milk, Soy, Wheat Peach Cup Grape Juice Green Peas - Milk Whole Wheat Bread - Soy, Wheat Peach Cup Grape Juice Rosemary Chicken - Soy, Wheat Whole Kernel Corn - Milk Mixed Greens - Milk Whole Kernel Corn - Milk Mixed Greens - Milk Whole Kernel Corn - Milk Mixed Greens - Milk Whole Wheat Bread - Soy, Wheat Lima Beans - Milk Hash Browns Whole Wheat Bread - Soy, Wheat Lima Beans - Milk Hash Browns Whole Wheat Bread - Soy, Wheat Lima Beans - Milk Hash Browns Whole Wheat Bread - Soy, Wheat Lima Beans - Milk Hash Browns Whole Wheat Bread - Soy, Wheat Lima Beans - Milk Lima Beans - Milk Hash Browns Whole Wheat Bread - Soy, Wheat Lemon Creme Cookies - Wheat, Soy, Milk		zonion oronio ocomoc rinical, coy, mine		
Chicken & Waffle - Egg, Soy, Wheat Seasoned Green Beans - Milk Sweet Potatoes - Egg, Milk, Soy Whole Wheat Bread - Soy, Wheat Blueberry Cereal Bar - Milk, Soy, Wheat Blended Juice Grilled Pork Patty & Brown Gravy - Wheat, Soy Mixed Greens - Milk Sweet Potatoes - Egg, Milk, Soy Grilled Pork Patty & Brown Gravy - Wheat, Soy Mixed Greens - Milk Sweet Potatoes - Egg, Milk, Soy Cornbread Muffin - Milk, Soy, Wheat Peach Cup Grape Juice Green Peas - Milk Whole Wheat Bread - Soy, Wheat Peach Cup Grape Juice Rosemary Chicken - Soy, Wheat Whole Kernel Corn - Milk Mixed Greens - Milk Mixed Greens - Milk Mixed Greens - Milk Cornbread Muffin - Milk, Soy, Wheat Whole Kernel Corn - Milk Mixed Greens - Milk Cornbread Muffin - Milk, Soy, Wheat Lima Beans - Milk Hash Browns Whole Wheat Bread - Soy, Wheat Lemon Creme Cookies - Wheat, Soy, Milk		Apple duice	oraniserry value	
Seasoned Green Beans - Milk Sweet Potatoes - Egg, Milk, Soy Whole Wheat Bread - Soy, Wheat Blueberry Cereal Bar - Milk, Soy, Wheat Blended Juice Grilled Pork Patty & Brown Gravy - Wheat, Soy Mixed Greens - Milk Sweet Potatoes - Egg, Milk, Soy Gronbread Muffin - Milk, Soy, Wheat Cornbread Muffin - Milk Sweet Potatoes - Egg, Milk, Soy Cornbread Muffin - Milk, Soy, Wheat Peach Cup Grape Juice Grilled Pork Patty & Brown Gravy - Wheat, Soy Mixed Greens - Milk Sweet Potatoes - Egg, Milk, Soy Cornbread Muffin - Milk, Soy, Wheat Peach Cup Grape Juice Rosemary Chicken - Soy, Wheat Whole Wheat Bread - Soy, Wheat Apple Juice Rosemary Chicken - Soy, Wheat Whole Kernel Corn - Milk Mixed Greens - Milk Cornbread Muffin - Milk, Soy, Wheat Lima Beans - Milk Lima Beans - Milk Hash Browns Whole Wheat Bread - Soy, Wheat Lima Beans - Milk Lima Beans - Wheat Lima Beans - Wh		146	111	
Seasoned Green Beans - Milk Sweet Potatoes - Egg, Milk, Soy Whole Wheat Bread - Soy, Wheat Blueberry Cereal Bar - Milk, Soy, Wheat Blended Juice Grilled Pork Patty & Brown Gravy - Wheat, Soy Mixed Greens - Milk Sweet Potatoes - Egg, Milk, Soy Gronbread Muffin - Milk, Soy, Wheat Cornbread Muffin - Milk Sweet Potatoes - Egg, Milk, Soy Cornbread Muffin - Milk, Soy, Wheat Peach Cup Grape Juice Grilled Pork Patty & Brown Gravy - Wheat, Soy Mixed Greens - Milk Sweet Potatoes - Egg, Milk, Soy Cornbread Muffin - Milk, Soy, Wheat Peach Cup Grape Juice Rosemary Chicken - Soy, Wheat Whole Wheat Bread - Soy, Wheat Apple Juice Rosemary Chicken - Soy, Wheat Whole Kernel Corn - Milk Mixed Greens - Milk Cornbread Muffin - Milk, Soy, Wheat Lima Beans - Milk Lima Beans - Milk Hash Browns Whole Wheat Bread - Soy, Wheat Lima Beans - Milk Lima Beans - Wheat Lima Beans - Wh		Chicken & Waffle - Egg, Soy, Wheat	Ginger Pork - Soy, Wheat	
Sweet Potatoes - Egg, Milk, Soy Whole Wheat Bread - Soy, Wheat Blueberry Cereal Bar - Milk, Soy, Wheat Blended Juice Grilled Pork Patty & Brown Gravy - Wheat, Soy Mixed Greens - Milk Sweet Potatoes - Egg, Milk, Soy Cornbread Muffin - Milk, Soy, Wheat Pear Cup Grape Juice Grilled Pork Patty & Brown Gravy - Wheat, Soy Mixed Greens - Milk Sweet Potatoes - Egg, Milk, Soy Cornbread Muffin - Milk, Soy, Wheat Peach Cup Grape Juice Rosemary Chicken - Soy, Wheat Whole Wheat Bread - Soy, Wheat Apple Juice Rosemary Chicken - Soy, Wheat Whole Kernel Corn - Milk Mixed Greens - Milk Mixed Greens - Milk Cornbread Muffin - Milk, Soy, Wheat Whole Kernel Corn - Milk Mixed Greens - Milk Cornbread Muffin - Milk, Soy, Wheat Lima Beans - Milk Hash Browns Whole Wheat Bread - Soy, Wheat Lima Beans - Milk Hash Browns Whole Wheat Bread - Soy, Wheat Lemon Creme Cookies - Wheat, Soy, Milk				
Whole Wheat Bread - Soy, Wheat Blueberry Cereal Bar - Milk, Soy, Wheat Blended Juice Grilled Pork Patty & Brown Gravy - Wheat, Soy Mixed Greens - Milk Sweet Potatoes - Egg, Milk, Soy Cornbread Muffin - Milk, Soy, Wheat Pear Cup Grape Juice Chicken & Zesty Orange Rice - Soy, Wheat Cauliflower - Milk Green Peas - Milk Whole Wheat Bread - Soy, Wheat Peach Cup Grape Juice Rosemary Chicken - Soy, Wheat Whole Kernel Corn - Milk Mixed Greens - Milk Mixed Greens - Milk Cornbread Muffin - Milk, Soy, Wheat Whole Kernel Corn - Milk Mixed Greens - Milk Cornbread Muffin - Milk, Soy, Wheat Lima Beans - Milk Hash Browns Whole Wheat Bread - Soy, Wheat Lima Beans - Milk Hash Browns Whole Wheat Bread - Soy, Wheat Lima Beans - Milk Hash Browns Whole Wheat Bread - Soy, Wheat Lemon Creme Cookies - Wheat, Soy, Milk				
Blended Juice Grape Juice Chicken & Zesty Orange Rice - Soy, Wheat Cauliflower - Milk Sweet Potatoes - Egg, Milk, Soy Cornbread Muffin - Milk, Soy, Wheat Peach Cup Grape Juice Rosemary Chicken - Soy, Wheat Whole Kernel Corn - Milk Mixed Greens - Milk Mixed Greens - Milk Cornbread Muffin - Milk, Soy, Wheat Raisins Grape Juice Grape Juice Chicken & Zesty Orange Rice - Soy, Wheat Cauliflower - Milk Whole Wheat Bread - Soy, Wheat Lima Beans - Milk Hash Browns Whole Wheat Bread - Soy, Wheat Lima Beans - Milk Hash Browns Whole Wheat Bread - Soy, Wheat Lemon Creme Cookies - Wheat, Soy, Milk	305	Whole Wheat Bread - Soy, Wheat		
Blended Juice Grape Juice Chicken & Zesty Orange Rice - Soy, Wheat Cauliflower - Milk Sweet Potatoes - Egg, Milk, Soy Cornbread Muffin - Milk, Soy, Wheat Peach Cup Grape Juice Rosemary Chicken - Soy, Wheat Whole Kernel Corn - Milk Mixed Greens - Milk Mixed Greens - Milk Mixed Greens - Milk Cornbread Muffin - Milk, Soy, Wheat Raisins Grape Juice Chicken & Zesty Orange Rice - Soy, Wheat Cauliflower - Milk Whole Wheat Bread - Soy, Wheat Lima Beans - Milk Hash Browns Whole Wheat Bread - Soy, Wheat Lemon Creme Cookies - Wheat, Soy, Milk	27(Blueberry Cereal Bar - Milk Soy Wheat		
Grilled Pork Patty & Brown Gravy - Wheat, Soy Mixed Greens - Milk Sweet Potatoes - Egg, Milk, Soy Cornbread Muffin - Milk, Soy, Wheat Peach Cup Grape Juice Rosemary Chicken - Soy, Wheat Whole Kernel Corn - Milk Mixed Greens - Milk Mixed Greens - Milk Cauliflower - Milk Whole Wheat Bread - Soy, Wheat Star Crunch Cookie - Egg, Milk, Soy, Wheat Apple Juice Pepper Beef Patty & Brown Gravy - Soy, Wheat Lima Beans - Milk Hash Browns Whole Wheat Bread - Soy, Wheat Lima Beans - Milk Hash Browns Whole Wheat Bread - Soy, Wheat Lima Beans - Milk Hash Browns Whole Wheat Bread - Soy, Wheat Lemon Creme Cookies - Wheat, Soy, Milk				
Grilled Pork Patty & Brown Gravy - Wheat, Soy Mixed Greens - Milk Sweet Potatoes - Egg, Milk, Soy Cornbread Muffin - Milk, Soy, Wheat Peach Cup Grape Juice Rosemary Chicken - Soy, Wheat Whole Kernel Corn - Milk Mixed Greens - Milk Mixed Greens - Milk Cornbread Muffin - Milk, Soy, Wheat Whole Kernel Corn - Milk Mixed Greens - Milk Cornbread Muffin - Milk, Soy, Wheat Whole Kernel Corn - Milk Mixed Greens - Milk Cornbread Muffin - Milk, Soy, Wheat Raisins Chicken & Zesty Orange Rice - Soy, Wheat Cauliflower - Milk Green Peas - Milk Whole Wheat Bread - Soy, Wheat Lima Beans - Milk Hash Browns Whole Wheat Bread - Soy, Wheat Lemon Creme Cookies - Wheat, Soy, Milk				
Mixed Greens - Milk Sweet Potatoes - Egg, Milk, Soy Cornbread Muffin - Milk, Soy, Wheat Peach Cup Grape Juice Rosemary Chicken - Soy, Wheat Whole Kernel Corn - Milk Mixed Greens - Milk Whole Wheat Bread - Soy, Wheat Apple Juice Pepper Beef Patty & Brown Gravy - Soy, Wheat Lima Beans - Milk Mixed Greens - Milk Cornbread Muffin - Milk, Soy, Wheat Raisins Whole Wheat Bread - Soy, Wheat Lima Beans - Milk Hash Browns Whole Wheat Bread - Soy, Wheat Lemon Creme Cookies - Wheat, Soy, Milk		114	197	
Mixed Greens - Milk Sweet Potatoes - Egg, Milk, Soy Cornbread Muffin - Milk, Soy, Wheat Peach Cup Grape Juice Rosemary Chicken - Soy, Wheat Whole Kernel Corn - Milk Mixed Greens - Milk Whole Wheat Bread - Soy, Wheat Apple Juice Pepper Beef Patty & Brown Gravy - Soy, Wheat Lima Beans - Milk Mixed Greens - Milk Cornbread Muffin - Milk, Soy, Wheat Raisins Whole Wheat Bread - Soy, Wheat Lima Beans - Milk Hash Browns Whole Wheat Bread - Soy, Wheat Lemon Creme Cookies - Wheat, Soy, Milk		Grilled Pork Patty & Brown Gravy - Wheat, Soy	Chicken & Zesty Orange Rice - Soy, Wheat	
Sweet Potatoes - Egg, Milk, Soy Cornbread Muffin - Milk, Soy, Wheat Peach Cup Grape Juice Rosemary Chicken - Soy, Wheat Whole Kernel Corn - Milk Mixed Greens - Milk Cornbread Muffin - Milk, Soy, Wheat Whole Kernel Corn - Milk Mixed Greens - Milk Cornbread Muffin - Milk, Soy, Wheat Raisins Rosemary Chicken - Soy, Wheat Lima Beans - Milk Hash Browns Whole Wheat Bread - Soy, Wheat Lemon Creme Cookies - Wheat, Soy, Milk				
Cornbread Muffin - Milk, Soy, Wheat Peach Cup Grape Juice Rosemary Chicken - Soy, Wheat Whole Kernel Corn - Milk Mixed Greens - Milk Cornbread Muffin - Milk, Soy, Wheat Whole Kernel Corn - Milk Mixed Greens - Milk Raisins Whole Wheat Bread - Soy, Wheat Star Crunch Cookie - Egg, Milk, Soy, Wheat Star Crunch Cookie - Egg, Mi		Sweet Potatoes - Egg Milk Soy		
Grape Juice Apple Juice Apple Juice Apple Juice Apple Juice	305	Combread Muffin - Milk Soy Wheat	· ·	
Grape Juice Apple Juice Apple Juice Apple Juice Apple Juice	37(Peach Cup		
Rosemary Chicken - Soy, Wheat Whole Kernel Corn - Milk Mixed Greens - Milk Cornbread Muffin - Milk, Soy, Wheat Raisins Pepper Beef Patty & Brown Gravy - Soy, Wheat Lima Beans - Milk Hash Browns Whole Wheat Bread - Soy, Wheat Lemon Creme Cookies - Wheat, Soy, Milk		. cach cap		
Rosemary Chicken - Soy, Wheat Whole Kernel Corn - Milk Mixed Greens - Milk Cornbread Muffin - Milk, Soy, Wheat Raisins Pepper Beef Patty & Brown Gravy - Soy, Wheat Lima Beans - Milk Hash Browns Whole Wheat Bread - Soy, Wheat Lemon Creme Cookies - Wheat, Soy, Milk				
Whole Kernel Corn - Milk Mixed Greens - Milk Mixed Greens - Milk Cornbread Muffin - Milk, Soy, Wheat Raisins Lima Beans - Milk Hash Browns Whole Wheat Bread - Soy, Wheat Lemon Creme Cookies - Wheat, Soy, Milk		141	190	
Mixed Greens - Milk Cornbread Muffin - Milk, Soy, Wheat Raisins Hash Browns Whole Wheat Bread - Soy, Wheat Lemon Creme Cookies - Wheat, Soy, Milk		Rosemary Chicken - Soy, Wheat	Pepper Beef Patty & Brown Gravy - Soy, Wheat	
Cornbread Muffin - Milk, Soy, Wheat Raisins Whole Wheat Bread - Soy, Wheat Lemon Creme Cookies - Wheat, Soy, Milk		Whole Kernel Corn - Milk	Lima Beans - Milk	
raisins territor cookies which, coy, wink		Mixed Greens - Milk	Hash Browns	
raisins territor cookies which, coy, wink	005	Cornbread Muffin - Milk, Soy, Wheat	Whole Wheat Bread - Soy, Wheat	
	47	Raisins	Lemon Creme Cookies - Wheat, Soy, Milk	
Apple Juice^^		Apple Juice**	Orange Juice**	
125		125	142	
	_			
Beef Chili - Soy, Egg Chicken & Stuffing - Wheat, Soy, Milk				
Broccoli - Milk Sweet Potatoes - Egg, Milk, Soy				
Cinnamon Apples - Egg, Milk, Soy Green Beans - Milk	10	Cinnamon Apples - Egg, Milk, Soy		
Whole Wheat Bread - Soy, Wheat Whole Wheat Bread - Soy, Wheat Vanilla Creme Cookies - Wheat Soy Milk Applesauce Cup	700	Whole Wheat Bread - Soy, Wheat	- I	
Typicsauce oup	57	varina ordine dodices vineat, doy, ivine		
Blended Juice Orange Juice**		Blended Juice	Orange Juice**	
076				