

ADSS Fall 2017 Allergen Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
17005	Pesto Chicken - Soy, Milk Red Skin Potatoes - Milk Carrots - Milk Bran Muffin - Soy, Wheat Fig Bar - Wheat, Soy, Milk, Egg Orange Juice <hr style="width: 10%; margin-left: auto; margin-right: 0;"/> 183	Meatballs with Rice & Gravy - Wheat, Soy Mixed Greens - Milk Corn with Peppers - Milk Cornbread Muffin - Milk, Soy, Wheat Mixed Fruit Cup Blended Juice <hr style="width: 10%; margin-left: auto; margin-right: 0;"/> 200	BBQ Chicken Breast - Soy Sweet Potatoes - Egg, Milk, Soy Broccoli - Milk Cornbread Muffin - Milk, Soy, Wheat Raisins Orange Juice <hr style="width: 10%; margin-left: auto; margin-right: 0;"/> 153	Taco Soup - Soy, Wheat Cinnamon Apples - Egg, Milk, Soy Green Beans - Milk Whole Wheat Bread - Soy, Wheat Chocolate Pudding - Milk Grape Juice <hr style="width: 10%; margin-left: auto; margin-right: 0;"/> 137	Zesty Orange Pork - Soy, Wheat Green Peas - Milk Cauliflower - Milk Whole Wheat Bread - Soy, Wheat Applesauce Cup Blended Juice <hr style="width: 10%; margin-left: auto; margin-right: 0;"/> 131
27005	Spaghetti & Meatballs - Soy, Wheat Whole Kernel Corn - Milk Broccoli - Milk Whole Wheat Bread - Soy, Wheat Vanilla Pudding - Milk Cranberry Juice <hr style="width: 10%; margin-left: auto; margin-right: 0;"/> 165	Mushroom Swiss Chicken - Soy, Milk, Wheat Cinnamon Apples - Egg, Milk, Soy Carrots - Milk Cornbread Muffin - Milk, Soy, Wheat Fudge Round Cookie - Egg, Milk, Soy, Wheat Grape Juice <hr style="width: 10%; margin-left: auto; margin-right: 0;"/> 119	Beef Patty with Onion Gravy - Soy, Wheat Hash Browns Green Peas - Milk Cornbread Muffin - Milk, Soy, Wheat Strawberry Applesauce Cup Orange Juice <hr style="width: 10%; margin-left: auto; margin-right: 0;"/> 188	Chicken Parmesan - Soy, Egg, Wheat, Milk Red Skin Potatoes - Milk Asparagus - Milk Bran Muffin - Soy, Wheat Graham Crackers - Soy, Wheat Apple Juice <hr style="width: 10%; margin-left: auto; margin-right: 0;"/> 177	Homestyle Meatloaf - Soy, Wheat, Egg Winter Vegetables - Milk Lima Beans - Milk Whole Wheat Bread - Soy, Wheat Chocolate Creme Cookies - Wheat, Soy, Milk Orange Juice <hr style="width: 10%; margin-left: auto; margin-right: 0;"/> 123
37005	Chicken Florentine - Wheat, Soy Carrots - Milk Asparagus - Milk Cornbread Muffin - Milk, Soy, Wheat Raisins Blended Juice <hr style="width: 10%; margin-left: auto; margin-right: 0;"/> 179	Salisbury Steak with Gravy - Wheat, Soy Red Skin Potatoes - Milk Broccoli - Milk Bran Muffin - Soy, Wheat Strawberry Cereal Bar - Milk, Soy, Wheat Apple Juice <hr style="width: 10%; margin-left: auto; margin-right: 0;"/> 147	Ravioli & Spinach Alfredo - Wheat, Milk, Egg, Soy Lima Beans Seasons Vegetables Whole Wheat Bread - Soy, Wheat Chocolate Pudding - Milk Orange Juice <hr style="width: 10%; margin-left: auto; margin-right: 0;"/> 149	Chipotle Meatloaf - Soy, Wheat, Egg Hash Browns Brussels Sprouts - Milk Cornbread Muffin - Milk, Soy, Wheat Applesauce Cup Grape Juice <hr style="width: 10%; margin-left: auto; margin-right: 0;"/> 184	Chicken & Tomato Basil Penne - Soy, Wheat, Milk Green Beans - Milk Corn with Peppers - Milk Whole Wheat Bread - Soy, Wheat Vanilla Goldfish Grahams - Egg, Milk, Soy, Wheat Orange Juice <hr style="width: 10%; margin-left: auto; margin-right: 0;"/> 129
47005	Mushroom Pork - Wheat, Soy Brussels Sprouts - Milk Sweet Potatoes - Egg, Milk, Soy Cornbread Muffin - Milk, Soy, Wheat Pineapple Cup Grape Juice <hr style="width: 10%; margin-left: auto; margin-right: 0;"/> 187	BBQ Chicken Drumsticks - Soy, Egg Red Skin Potatoes - Milk Green Beans - Milk Bran Muffin - Soy, Wheat Strawberry Applesauce Orange Juice <hr style="width: 10%; margin-left: auto; margin-right: 0;"/> 133	Veal Parmesan - Soy, Wheat, Milk Carrots - Milk Broccoli - Milk Whole Wheat Bread - Soy, Wheat Cheese Crackers - Milk, Soy, Wheat Grape Juice <hr style="width: 10%; margin-left: auto; margin-right: 0;"/> 156	Chicken Chili Cauliflower - Milk Mixed Vegetables - Milk Whole Wheat Bread - Soy, Wheat Oatmeal Creme Pie - Egg, Milk, Soy, Wheat Apple Juice <hr style="width: 10%; margin-left: auto; margin-right: 0;"/> 162	Beef Strips & Orange Rice - Wheat, Soy Asparagus - Milk Cinnamon Apples - Egg, Milk, Soy Whole Wheat Bread Vanilla Pudding - Milk Blended Juice <hr style="width: 10%; margin-left: auto; margin-right: 0;"/> 127
57005	Creamy Breaded Chicken - Soy, Egg, Wheat Mixed Greens - Milk Whole Kernel Corn - Milk Cornbread Muffin - Milk, Soy, Wheat Oatmeal Creme Pie - Egg, Milk, Soy, Wheat Blended Juice <hr style="width: 10%; margin-left: auto; margin-right: 0;"/> 186	Beef Strips & Brown Gravy - Soy, Wheat Green Peas - Milk Red Skin Potatoes - Milk Whole Wheat Bread - Soy, Wheat Elf Grahams - Soy, Wheat Grape Juice <hr style="width: 10%; margin-left: auto; margin-right: 0;"/> 138	Honey Mustard Chicken - Soy Asparagus - Milk Hash Browns Bran Muffin - Soy, Wheat Mixed Fruit Cup Apple Juice <hr style="width: 10%; margin-left: auto; margin-right: 0;"/> 136	BBQ Pork Patty - Soy Seasons Vegetables - Milk Lima Beans - Milk Cornbread Muffin - Milk, Soy, Wheat Chocolate Pudding - Milk Orange Juice <hr style="width: 10%; margin-left: auto; margin-right: 0;"/> 113	Alfredo Chicken & Penne - Soy, Milk, Wheat Carrots - Milk Brussels Sprouts - Milk Whole Wheat Bread - Soy, Wheat Fig Bar - Wheat, Soy, Milk, Egg Grape Juice <hr style="width: 10%; margin-left: auto; margin-right: 0;"/> 194

Milk is served with every meal (Allergen: Milk). Margarine is served with every meal (Allergen: Milk, Soy)

ADSS Fall 2017 Allergen Menu

	Saturday	Sunday
17005	Stuffed Shell & Meat Sauce - Milk, Egg, Wheat, Soy Mixed Vegetables - Milk Brussels Sprouts - Milk Whole Wheat Bread - Soy, Wheat Lemon Creme Cookies - Wheat, Soy, Milk Apple Juice <hr style="width: 10%; margin-left: auto; margin-right: 0;"/> 146	Chicken Cacciatore - Soy, Wheat Asparagus - Milk Hash Browns Whole Wheat Bread - Soy, Wheat Vanilla Goldfish Grahams - Egg, Milk, Soy, Wheat Cranberry Juice <hr style="width: 10%; margin-left: auto; margin-right: 0;"/> 111
27005	Chicken & Waffle - Egg, Soy, Wheat Seasoned Green Beans - Milk Sweet Potatoes - Egg, Milk, Soy Whole Wheat Bread - Soy, Wheat Blueberry Cereal Bar - Milk, Soy, Wheat Blended Juice <hr style="width: 10%; margin-left: auto; margin-right: 0;"/> 114	Ginger Pork - Soy, Wheat Brussels Sprouts - Milk Black Beans & Corn - Milk Cornbread Muffin - Milk, Soy, Wheat Pear Cup Grape Juice <hr style="width: 10%; margin-left: auto; margin-right: 0;"/> 197
37005	Grilled Pork Patty & Brown Gravy - Wheat, Soy Mixed Greens - Milk Sweet Potatoes - Egg, Milk, Soy Cornbread Muffin - Milk, Soy, Wheat Peach Cup Grape Juice <hr style="width: 10%; margin-left: auto; margin-right: 0;"/> 141	Chicken & Zesty Orange Rice - Soy, Wheat Cauliflower - Milk Green Peas - Milk Whole Wheat Bread - Soy, Wheat Star Crunch Cookie - Egg, Milk, Soy, Wheat Apple Juice <hr style="width: 10%; margin-left: auto; margin-right: 0;"/> 190
47005	Rosemary Chicken - Soy, Wheat Whole Kernel Corn - Milk Mixed Greens - Milk Cornbread Muffin - Milk, Soy, Wheat Raisins Apple Juice** <hr style="width: 10%; margin-left: auto; margin-right: 0;"/> 125	Pepper Beef Patty & Brown Gravy - Soy, Wheat Lima Beans - Milk Hash Browns Whole Wheat Bread - Soy, Wheat Lemon Creme Cookies - Wheat, Soy, Milk Orange Juice** <hr style="width: 10%; margin-left: auto; margin-right: 0;"/> 142
57005	Beef Chili - Soy, Egg Broccoli - Milk Cinnamon Apples - Egg, Milk, Soy Whole Wheat Bread - Soy, Wheat Vanilla Creme Cookies - Wheat, Soy, Milk Blended Juice <hr style="width: 10%; margin-left: auto; margin-right: 0;"/> 076	Chicken & Stuffing - Wheat, Soy, Milk Sweet Potatoes - Egg, Milk, Soy Green Beans - Milk Whole Wheat Bread - Soy, Wheat Applesauce Cup Orange Juice** <hr style="width: 10%; margin-left: auto; margin-right: 0;"/> 172

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