<b>APRIL 2023</b>	ADSS NUTRITION PROGRAM SPRING MENU			Spring FY23	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
3 <u>Menu 1</u> Blended Juice BBQ Chicken/Bun Green Limas Creamed Corn Orange Fruited Gelatin Milk Margarine	<u>Menu 2</u> Smoked Sausage Link/Bun Steamed Cabbage Capri Blend Vegetables Apple or Fresh Fruit Butterscotch Pudding Milk Mustard/Ketchup/Mayonnaise	4 <u>Menu 3</u> Apple Juice Lemon Pepper Chicken Cheese Grits Collard Greens Cornbread Brownie Milk/Buttermilk Margarine	5 Theme Menu Orange Juice Baked Ham with Pineapple Sauce Scalloped Potatoes Green Peas and Carrots Dinner Roll Carrot Cake Milk Margarine	6 Good Friday	
10 <u>Menu 6</u> Apple Juice Jambalaya Navy Beans California Blend Vegetables Crackers (2 pkgs) Fruit Cocktail Milk Margarine	<u>Menu 7</u> Hamburger Steak/OnionGravy Cheesy Mashed Potatoes Mixed Vegetables Wheat Bread Sliced Peaches Yellow Cake Milk Margarine	Menu 8   Pork Loin/Cranberry Gravy   Mashed Sweet Potatoes   Green Beans   Cornbread   Banana or Fresh Fruit   Vanilla Pudding   Milk/Buttermilk   Margarine		13 14 <u>Menu 10</u> Orange Juice Beef Dog/Bun Baked Beans Coleslaw Chopped Onion Fruit Pie or Pastry Milk/Chocolate Milk Mustard/Ketchup/Mayonnaise	
17 <u>Menu 11</u> Apple Juice Mexican Cheesy Beef Bake Pinto Beans Fiesta Corn Flour Tortilla Raspberry Fruited Gelatin Milk Margarine	Menu 12 Chicken Alfredo Tuscan Blend Vegetables Mixed Green Salad Wheat Bread Orange or Fresh Fruit Apple Spice Cookie Milk Margarine Italian/Ranch Dressing	18 <u>Menu 13</u> Broiled Beef Patty/Bun Baked Beans Potato Salad Lettuce/Onion/Tomato Fruit Pie or Pastry Milk/Chocolate Milk Mustard/Ketchup/Mayonnaise	Menu 14 Orange Juice Chicken Breast/Bell Pepper Poultry Gravy Parslied Mashed Potatoes Cabbage/Collard Greens Cornbread Chocolate Pudding Milk/Buttermilk Margarine	20 21 <u>Menu 15</u> Blended Juice Sloppy Joe/Bun Butter beans Glazed Carrots Red Velvet Cake Milk Margarine	
State Holiday	<u>Menu 17</u> Orange Juice BBQ Pork Riblet Mashed Potato Okra and Tomato Dinner Roll Sponge Cake Milk Margarine	25 <u>Menu 18</u> Taco Salad: Taco Seasoned Beef Lettuce/Cheese/Tomato Corn Chips Pinto Beans Orange or Fresh Fruit Milk Sour Cream/Mild Taco Sauce	26 <u>Menu 19</u> Blended Juice Mac and Cheese Blackeye Peas Turnip Greens w/Roots Cornbread Moon Pie Milk/Buttermilk Margarine	27 28 <u>Menu 20</u> Sliced Roast Beef/Cheese Sandwich Lettuce/Tomato Three Bean Salad Wheat Bread (2 sl.) Banana or Fresh Fruit Banana Pudding Milk/Chocolate Milk Mustard/Mayonnaise	

MAY 2023		TRITION PROGRAM SPE		Spring FY23	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
1 Menu 1 Blended Juice BBQ Chicken/Bun Green Limas	2 <u>Menu 2</u> Smoked Sausage Link/Bun Steamed Cabbage Capri Blend Vegetables	3 <u>Menu 3</u> Apple Juice Lemon Pepper Chicken Cheese Grits	4 <u>Menu 4</u> Orange Juice Meatloaf/Ketchup Mashed Potatoes	<u>Menu 5</u> Spaghetti/ Meat Sauce Italian Flat Beans Mixed Green Salad	5
Creamed Corn Orange Fruited Gelatin Milk Margarine	Apple or Fresh Fruit Butterscotch Pudding Milk Mustard/Ketchup/Mayonnaise	Collard Greens Cornbread Brownie Milk/Buttermilk	Green Peas and Carrots Wheat Bread Chocolate Cake Milk	Italian Bread Banana or Fresh Fruit Lemon Cookie Milk /Chocolate Milk	
		Margarine	Margarine	Margarine Italian/Ranch Dressing	
8	9	10	11		12
<u>Menu 6</u> Apple Juice Jambalaya Navy Beans California Blend Vegetables Crackers (2 pkgs) Fruit Cocktail	Menu 7 Hamburger Steak/OnionGravy Cheesy Mashed Potatoes Mixed Vegetables Wheat Bread Sliced Peaches Yellow Cake	Menu 8 Pork Loin/Cranberry Gravy Mashed Sweet Potatoes Green Beans Cornbread Banana or Fresh Fruit Vanilla Pudding	Menu 9 Blended Juice Italian Chicken Pasta Salad Mixed Green Salad Dinner Roll Apple or Fresh Fruit Cherry Cookie	<u>Menu 10</u> Orange Juice Beef Dog/Bun Baked Beans Coleslaw Chopped Onion Fruit Pie or Pastry	
Milk	Milk	Milk/Buttermilk	Milk	Milk/Chocolate Milk	
Margarine	Margarine	Margarine	Italian/Ranch Dressing	Mustard/Ketchup/Mayonnaise	
15 <u>Menu 11</u> Apple Juice Mexican Cheesy Beef Bake Pinto Beans Fiesta Corn Flour Tortilla Raspberry Fruited Gelatin Milk Margarine	16 <u>Menu 12</u> Chicken Alfredo Tuscan Blend Vegetables Mixed Green Salad Wheat Bread Orange or Fresh Fruit Apple Spice Cookie Milk Margarine Italian/Ranch Dressing	17 <u>Menu 13</u> Broiled Beef Patty/Bun Baked Beans Potato Salad Lettuce/Onion/Tomato Fruit Pie or Pastry Milk/Chocolate Milk Mustard/Ketchup/Mayonnaise	18 <u>Menu 14</u> Orange Juice Chicken Breast/Bell Pepper Poultry Gravy Parslied Mashed Potatoes Cabbage/Collard Greens Cornbread Chocolate Pudding Milk/Buttermilk Margarine	<u>Menu 15</u> Blended Juice Sloppy Joe/Bun Butter beans Glazed Carrots Red Velvet Cake Milk Margarine	19
22 <u>Menu 16</u> Apple Juice Sweet and Sour Meatballs Asian Style Rice Asain Vegetable Blend Wheat Bread Strawberry Fruited Gelatin Milk Soy Sauce	23 <u>Menu 17</u> Orange Juice BBQ Pork Riblet Mashed Potato Okra and Tomato Dinner Roll Sponge Cake Milk Margarine	24 <u>Menu 18</u> Taco Salad: Taco Seasoned Beef Lettuce/Cheese/Tomato Corn Chips Pinto Beans Orange or Fresh Fruit Milk Sour Cream/Mild Taco Sauce	25 <u>Menu 19</u> Blended Juice Mac and Cheese Blackeye Peas Turnip Greens w/Roots Cornbread Moon Pie Milk/Buttermilk Margarine	Theme Menu BBQ Chicken Breast Potato Chips Mixed Green Salad Texas Bread Fresh Banana Banana Pudding Milk/Chocolate Milk/Margarine Italian/Ranch Dressing	26
29 Memorial Day	30 <u>Menu 2</u> Smoked Sausage Link/Bun Steamed Cabbage Capri Blend Vegetables Apple or Fresh Fruit Butterscotch Pudding Milk Margarine	31 <u>Menu 3</u> Apple Juice Lemon Pepper Chicken Cheese Grits Collard Greens Cornbread Brownie Milk/Buttermilk Margarine	AGING UNBOUND: MAY 2023		

<b>JUNE 2023</b>	ADSS	NUTRITION PROGRAM	SPRING MENU	Spring FY23
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 <u>Menu 4</u> Orange Juice Meatloaf/Ketchup Mashed Potatoes Green Peas and Carrots Wheat Bread Chocolate Cake Milk Margarine	2 <u>Menu 5</u> Spaghetti/ Meat Sauce Italian Flat Beans Mixed Green Salad Italian Bread Banana or Fresh Fruit Lemon Cookie Milk /Chocolate Milk Margarine Italian/Ranch Dressing
State Holiday	5 6 <u>Menu 7</u> Hamburger Steak/OnionGravy Cheesy Mashed Potatoes Mixed Vegetables Wheat Bread Sliced Peaches Yellow Cake Milk Margarine	7 <u>Menu 8</u> Pork Loin/Cranberry Gravy Mashed Sweet Potatoes Green Beans Cornbread Banana or Fresh Fruit Vanilla Pudding Milk/Buttermilk Margarine	Menu 9 Blended Juice Italian Chicken Pasta Salad Mixed green Salad Dinner Roll Apple or Fresh Fruit Cherry Cookie Milk Italian/Ranch Dressing	9 <u>Menu 10</u> Orange Juice Beef Dog/Bun Baked Beans Coleslaw Chopped Onion Fruit Pie or Pastry Milk/Chocolate Milk Mustard/Ketchup/Mayonnaise
12 Apple Juice Mexican Cheesy Beef Bake Pinto Beans Fiesta Corn Flour Tortilla Raspberry Fruited Gelatin Milk Margarine	2 13 <u>Menu 12</u> Chicken Alfredo Tuscan Blend Vegetables Mixed Green Salad Wheat Bread Orange or Fresh Fruit Apple Spice Cookie Milk Margarine Italian/Ranch Dressing	14 <u>Menu 13</u> Broiled Beef Patty/Bun Baked Beans Potato Salad Lettuce/Onion/Tomato Fruit Pie or Pastry Milk/Chocolate Milk Mustard/Ketchup/Mayonnaise	15 <u>Menu 14</u> Orange Juice Chicken Breast/Bell Pepper Poultry Gravy Parslied Mashed Potatoes Cabbage/Collard Greens Cornbread Chocolate Pudding Milk/Buttermilk Margarine	16 <u>Menu 15</u> Blended Juice Sloppy Joe/Bun Butter beans Glazed Carrots Red Velvet Cake Milk Margarine
Holiday	20 9 <u>Menu 17</u> Orange Juice BBQ Pork Riblet Mashed Potato Okra and Tomato Dinner Roll Sponge Cake Milk Margarine	21 <u>Menu 18</u> Taco Salad: Taco Seasoned Beef Lettuce/Cheese/Tomato Corn Chips Pinto Beans Orange or Fresh Fruit Milk Sour Cream/Mild Taco Sauce	22 <u>Menu 19</u> Blended Juice Mac and Cheese Blackeye Peas Turnip Greens w/Roots Cornbread Moon Pie Milk/Buttermilk Margarine	23 <u>Menu 20</u> Sliced Roast Beef/Cheese Sandwich Lettuce/Tomato Three Bean Salad Wheat Bread (2 sl.) Banana or Fresh Fruit Banana Pudding Milk/Chocolate Milk Mustard/Mayonnaise
2 <u>Menu 1</u> Blended Juice BBQ Chicken/Bun Green Limas Creamed Corn Orange Fruited Gelatin (or assorted flavors) Milk Margarine	6 27 <u>Menu 2</u> Smoked Sausage Link/Bun Steamed Cabbage Capri Blend Vegetables Apple or Fresh Fruit Butterscotch Pudding (or assorted flavors) Milk Mustard/Ketchup/Mayonnaise	28 <u>Menu 3</u> Apple Juice Lemon Pepper Chicken Cheese Grits Collard Greens Cornbread Brownie (or assorted snack cakes) Milk/Buttermilk Margarine	29 <u>Menu 4</u> Orange Juice Meatloaf/Ketchup Mashed Potatoes Green Peas and Carrots Wheat Bread Chocolate Cake (or assorted flavors) Milk /Margarine	30 <u>Menu 5</u> Spaghetti/ Meat Sauce Flat Beans Mixed Green Salad Italian Bread Banana or Fresh Fruit Lemon Cookie (or assorted flavors) Milk /Chocolate Milk/Margarine Italian/Ranch Dressing