| DATES             |   | MENU                                       | TRAY<br>CAVITY | UTENSIL                           | HOME DELIVERED PACKING INSTRUCTIONS |   | RECOMMENDED SUBSTITUTION                                       |
|-------------------|---|--|----------------|-----------------------------------|-------------------------------------|---|--|
| Menu 1<br>April 3 | * | Blended Juice (4 oz)                       | Handout        |                                   | Pre-packaged                        | ✓ | Any whole or individually portioned fruit or 100% juice        |
| May 1<br>June 26  | * | BBQ Chicken(4 oz)                          | В              | #8 Scoop or 4 oz<br>Solid spoodle | 3 Compartment tray                  | ✓ | 3 oz Meat  |
|                   |   | Hamburger Bun (1 each)                     | В              | Glove                             | Wax bag                             | ✓ | Any bread, roll, or crackers                                   |
|                   | * | Green Limas (1/2 c)                        | С              | 4 oz Slotted<br>spoodle           | 3 Compartment tray                  | ✓ | Any vegetable or bean  |
|                   | * | Creamed Corn (1/2 c)                       | A              | 4 oz Solid spoodle                | 3 Compartment tray                  | ✓ | Any vegetable  |
|                   | * | Orange Fruited Gelatin<br>(1/2 c) See Note | E              | #8 Scoop or 4 oz<br>Solid spoodle | Small squat cup                     | ✓ | Any pre-packaged cake, snack cake, cookie, pudding, or gelatin |
|                   | * | Milk (8 oz)                                | Handout        |                                   | Pre-packaged                        | ✓ | Milk, chocolate milk, or buttermilk                            |
|                   |   | Margarine (1 each)                         | Handout        |                                   | Pre-packaged                        |   |  |

Note: On June 26th, assorted gelatin flavors may be served.

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| DATES                      |   | MENU                                     | TRAY<br>CAVITY | UTENSIL                           | HOME DELIVERED PACKING INSTRUCTIONS |          | RECOMMENDED SUBSTITUTION  |
|----------------------------|---|--|----------------|-----------------------------------|-------------------------------------|----------|---|
| Menu 2<br>April 4          | * | Smoked Sausage Link (1 each)             | В              | Tongs                             | 3 Compartment tray                  | <b>✓</b> | 3 oz. Meat  |
| May 2<br>May 30<br>June 27 |   | Hot Dog Bun (1 each)                     | В              | Glove                             | Wax bag                             | ✓        | Any bread, roll, or crackers                                      |
| 36116 27                   | * | Steamed Cabbage (1/2 c)                  | A              | 4 oz Slotted<br>spoodle           | 3 Compartment tray                  | ✓        | Any vegetable   |
|                            | * | Capri Blend vegetables (1/2 c)           | С              | 4 oz Slotted<br>spoodle           | 3 Compartment tray                  | ✓        | Any Vegetable   |
|                            |   | Fresh Apple or Fresh Fruit (1 each)      | D              | Glove                             |                                     | ✓        | Any whole or individually portioned fruit                         |
|                            | * | Butterscotch Pudding (1/2 c) See<br>Note | E              | #8 Scoop or 4 oz<br>Solid spoodle | Small squat cup                     | ~        | Any pre-packaged cake, snack<br>cake, cookie, pudding, or gelatin |
|                            | * | Milk (8 oz)                              | Handout        |                                   | Pre-packaged                        | ✓        | Milk, chocolate milk, or buttermilk                               |
|                            |   | Mustard/Ketchup/Mayo (1 ea)              | Handout        |                                   | Pre-packaged                        |          |   |

Note: On June 27th, assorted pudding flavors may be served.

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| DATES                      |   | MENU                         | TRAY<br>CAVITY | UTENSIL                           | HOME DELIVERED PACKING INSTRUCTIONS |          | RECOMMENDED SUBSTITUTION                                       |
|----------------------------|---|------------------------------|----------------|-----------------------------------|-------------------------------------|----------|--|
| Menu 3                     | * | Apple Juice (4 oz)           | Handout        |                                   | Pre-packaged                        | ✓        | Any whole or individually portioned fruit or 100% juice        |
| April 5<br>May 3<br>May 31 | * | Lemon Pepper Chicken (1each) | В              | Tongs                             | 3 Compartment tray                  | ✓        | 3 oz Meat  |
| June 28                    | * | Cheese Grits (1/2 c)         | С              | 4 oz Solid spoodle<br>or #8 Scoop | 3 Compartment tray                  | <b>✓</b> | Any starchy side of potato, rice or pasta                      |
|                            | * | Collard Greens (1/2 c)       | А              | 4 oz Slotted spoodle              | 3 Compartment tray                  | ✓        | Any vegetable  |
|                            |   | Cornbread (1 slice)          | D              | Glove,<br>knife/spatula           | Wax bag                             | ✓        | Any bread, roll, or crackers                                   |
|                            |   | Brownie (1 each)             | Е              |                                   | Pre-packaged                        | ✓        | Any pre-packaged cake, snack cake, cookie, pudding, or gelatin |
|                            | * | Milk/Buttermilk (8 oz)       | Handout        |                                   | Pre-packaged                        | ✓        | Milk, chocolate milk, or buttermilk                            |
|                            |   | Margarine (1 each)           | Handout        |                                   | Pre-packaged                        |          |  |

Note: On June 28th, assorted snack cakes may be served.

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| DATES             |   | MENU                                 | TRAY<br>CAVITY | UTENSIL                 | HOME DELIVERED PACKING INSTRUCTIONS |          | RECOMMENDED SUBSTITUTION                                       |
|-------------------|---|--------------------------------------|----------------|-------------------------|-------------------------------------|----------|--|
| Menu 4<br>May 4   | * | Orange Juice (4 oz)                  | Handout        |                         | Pre-packaged                        | ✓        | Any whole or individually portioned fruit or 100% juice        |
| June 1<br>June 29 | * | Meatloaf                             | В              | Tongs                   | 3 Compartment tray                  | <b>✓</b> | 3 oz. Meat   |
|                   | * | Mashed Potatoes (1/2 c)              | А              | # 8 Scoop               | 3 Compartment tray                  | <b>✓</b> | Any starchy side of potato, rice or pasta                      |
|                   | * | Green Peas/Carrots (1/2 c)           | С              | 4 oz Slotted<br>spoodle | 3 Compartment tray                  | ✓        | Any vegetable  |
|                   |   | Wheat Bread (1 each)                 | D              | Glove                   | Wax bag                             | ✓        | Any bread, roll, or crackers                                   |
|                   |   | Chocolate Cake (1 slice)<br>See Note | E              | Glove,<br>knife/spatula | Large squat cup                     | ✓        | Any pre-packaged cake, snack cake, cookie, pudding, or gelatin |
|                   | * | Milk (8 oz)                          | Handout        |                         | Pre-packaged                        | ✓        | Milk, chocolate milk, or buttermilk                            |
|                   |   | Margarine (1 each)                   | Handout        |                         | Pre-packaged                        |          |  |
|                   |   | Ketchup (1 each)                     | Handout        |                         | Pre-packaged                        |          |  |

Note: On June 29th, assorted cake flavors may be served.

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| DATES             |   | MENU                                 | TRAY    | UTENSIL                     | HOME DELIVERED PACKING |   | RECOMMENDED SUBSTITUTION  |
|-------------------|---|--------------------------------------|---------|-----------------------------|------------------------|---|---|
|                   |   |                                      | CAVITY  |                             | INSTRUCTIONS           |   |   |
| Menu 5<br>May 5   | * | Spaghetti/Meat Sauce (6 oz)          | В       | #6 Scoop or 6 oz<br>Spoodle | 3 Compartment tray     | ✓ | 3 oz Meat   |
| June 2<br>June 30 | * | Italian Flat Beans (1/2 c)           | С       | 4 oz Slotted<br>spoodle     | 3 Compartment tray     | ✓ | Any vegetable   |
|                   | * | Mixed Green Salad (1/2 c)            | А       | Tongs                       | Large squat cup        | ✓ | Any vegetable or any pre-<br>packaged salad                       |
|                   |   | Italian Bread (1 each)               | D       | Glove                       | Wax bag                | ✓ | Any bread, roll, or crackers                                      |
|                   |   | Fresh Banana or Fresh Fruit (1 each) | Handout | Glove                       |                        | ✓ | Any whole or individually portioned fruit                         |
|                   |   | Lemon Cookie (1 each) See Note       | Е       |                             | Pre-packaged           | ✓ | Any pre-packaged cake, snack<br>cake, cookie, pudding, or gelatin |
|                   | * | Milk/Chocolate Milk (8 oz)           | Handout |                             | Pre-packaged           | ✓ | Milk, chocolate milk, or buttermilk                               |
|                   |   | Margarine (1 each)                   | Handout |                             | Pre-packaged           |   |   |
|                   |   | Italian/Ranch Dressing (1 each)      | Handout |                             | Pre-packaged           |   |   |

Note: On June 30th, assorted cookie flavors may be served.

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|--------------------|---|-------------------------------------|----------------|---------------------------------------|-------------------------------------|---|--|
| Menu 6<br>April 10 | * | Apple Juice (4 oz)                  | Handout        |                                       | Pre-packaged                        | ✓ | Any whole or individually portioned fruit or 100% juice        |
| May 8              | * | Jambalaya (6 oz)                    | В              | 6 oz spoodle                          | 3 Compartment tray                  | ✓ | 3 oz. Meat   |
|                    | * | Navy Beans (1/2 c)                  | Α              | 4 oz Slotted<br>spoodle               | 3 Compartment tray                  | ✓ | Any vegetable or bean  |
|                    | * | California Blend Vegetables (1/2 c) | С              | 4 oz Slotted spoodle                  | 3 Compartment tray                  | ✓ | Any vegetable  |
|                    |   | Crackers (2 pkgs each)              | D              |                                       | Pre-packaged                        | ✓ | Any bread, roll, or crackers                                   |
|                    | * | Fruit Cocktail (1/2 c)              | E              | 4 oz Solid spoodle<br>*See note below | Small squat cup                     | ✓ | Any pre-packaged cake, snack cake, cookie, pudding, or gelatin |
|                    | * | Milk (8 oz)                         | Handout        |                                       | Pre-packaged                        | ✓ | Milk, chocolate milk, or buttermilk                            |
|                    |   | Margarine (1 each)                  | Handout        |                                       | Pre-packaged                        |   |  |

<sup>\*</sup>Drain off as much liquid as possible

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|--------------------|---|--|----------------|-------------------------------|-------------------------------------|----------|--|
| Menu 7<br>April 11 | * | Hamburger Steak (1<br>each)/Onion Gravy (2 oz) | В              | Tongs, solid spoon<br>(gravy) | 3 Compartment tray                  | <b>✓</b> | 3 oz. Meat   |
| May 9<br>June 6    | * | Cheesy Mashed Potatoes (1/2 c)                 | А              | #8 Scoop                      | 3 Compartment tray                  | ✓        | Any starchy side of potato, rice or pasta                      |
|                    | * | Mixed Vegetables (1/2 c)                       | С              | 4 oz Slotted<br>spoodle       | 3 Compartment tray                  | ✓        | Any Vegetable  |
|                    |   | Wheat Bread (1 slice)                          |                | Glove                         | Wax bag                             | ✓        | Any bread, roll, or crackers                                   |
|                    | * | Sliced Peaches (1/2 c)                         | D              | 4 oz Slotted<br>spoodle       | Small squat Cup                     | ✓        | Any whole or individually portioned fruit                      |
|                    |   | Yellow Cake (1 slice)                          | Е              | Glove,<br>knife/spatula       | Large squat cup                     | ✓        | Any pre-packaged cake, snack cake, cookie, pudding, or gelatin |
|                    | * | Milk (8 oz)                                    | Handout        |                               | Pre-packaged                        | ✓        | Milk, chocolate milk, or buttermilk                            |
|                    |   | Margarine (1 each)                             | Handout        |                               | Pre-packaged                        |          |  |

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|--------------------|---|---|----------------|-----------------------------------|-------------------------------------|----------|--|
| Menu 8<br>April 12 | * | Pork Loin (1each) /Cranberry<br>Gravy (2 oz. sauce) | В              | Tongs; solid spoon (sauce)        | 3 Compartment tray                  | <b>✓</b> | 3 oz Meat  |
| May 10<br>June 7   | * | Mashed Sweet Potatoes (1/2 c)                       | А              | #8 Scoop                          | 3 Compartment tray                  | <b>✓</b> | Any starchy side of potato, rice or pasta                      |
|                    | * | Green Beans (1/2 c)                                 | С              | 4 oz Slotted<br>spoodle           | 3 Compartment tray                  | ✓        | Any vegetable  |
|                    |   | Cornbread (1 slice)                                 | D              | Glove,<br>knife/spatula           | Wax bag                             | ✓        | Any bread, roll, or crackers                                   |
|                    |   | Fresh Banana or Fresh Fruit<br>(1 each)             | Handout        | Glove                             |                                     | ✓        | Any whole or individually portioned fruit                      |
|                    | * | Vanilla Pudding (1/2 c)                             | E              | #8 Scoop or 4 oz<br>Solid spoodle | Small squat cup                     | ✓        | Any pre-packaged cake, snack cake, cookie, pudding, or gelatin |
|                    | * | Milk/Buttermilk (8 oz)                              | Handout        |                                   | Pre-packaged                        | ✓        | Milk, chocolate milk, or buttermilk                            |
|                    |   | Margarine (1 each)                                  | Handout        |                                   | Pre-packaged                        |          |  |

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|--------------------|---|--|---------|-----------------------------|------------------------|----------|--|
|                    |   |  | CAVITY  |                             | INSTRUCTIONS           |          |  |
| Menu 9<br>April 13 | * | Blended Juice (4 oz)                   | Handout |                             | Pre-packaged           | ✓        | Any whole or individually portioned fruit or 100% juice        |
| May 11<br>June 8   | * | Itailian Chicken Pasta Salad<br>(6 oz) | В       | #6 Scoop or 6 oz<br>Spoodle | 3 Compartment Tray     | ✓        | 3 oz Meat  |
|                    | * | Mixed Green Salad (1/2 c)              | А       | Tongs                       | 3 Compartment Tray     | ✓        | Any vegetable or any pre-<br>packaged salad                    |
|                    |   | Dinner Roll (1 each)                   | D       | Glove                       | Wax bag                | ✓        | Any bread, roll, or crackers                                   |
|                    |   | Fresh Apple or Fresh Fruit<br>(1 each) | С       | Glove                       |                        | <b>√</b> | Any whole or individually portioned fruit                      |
|                    |   | Cherry Cookie                          | E       |                             | Pre-packaged           | ✓        | Any pre-packaged cake, snack cake, cookie, pudding, or gelatin |
|                    | * | Milk (8 oz)                            | Handout |                             | Pre-packaged           | ✓        | Milk, chocolate milk, or buttermilk                            |
|                    |   | Italian/Ranch Dressing (1 each)        | Handout |                             | Pre-packaged           |          |  |

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|---------------------|---|-----------------------------|----------------|-----------------------------------|-------------------------------------|----------|--|
| Menu 10<br>April 14 | * | Orange Juice (4 oz)         | Handout        |                                   | Pre-packaged                        | ✓        | Any whole or individually portioned fruit or 100% juice        |
| May 12<br>June 9    | * | Beef Hot Dog (1 ea)         | В              | Tongs                             | 3 Compartment tray                  | ✓        | 3 oz Meat  |
|                     |   | Hot Dog Bun (1 ea)          | В              | Glove                             | Wax bag                             | ✓        | Any bread, roll, or crackers                                   |
|                     | * | Baked Beans (1/2 c)         | А              | 4 oz Slotted<br>spoodle           | 3 Compartment tray                  | <b>✓</b> | Any bean or vegetable  |
|                     | * | Coleslaw (1/2 c)            | D              | 4 oz Solid spoodle<br>or #8 Scoop | Small squat cup                     | ✓        | Any Vegetable  |
|                     | * | Onion (2 Tbsp)              | С              | Tablespoon                        | Wax bag                             |          |  |
|                     |   | Fruit Pie or Pastry         | E              |                                   | Pre-packaged                        | ✓        | Any pre-packaged cake, snack cake, cookie, pudding, or gelatin |
|                     | * | Milk/Chocolate Milk (8 oz)  | Handout        |                                   | Pre-packaged                        | ✓        | Milk, chocolate milk, or buttermilk                            |
|                     |   | Mustard/Ketchup/Mayo (1 ea) | Handout        |                                   | Pre-packaged                        |          |  |

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|---------------------|---|-----------------------------------|----------------|-----------------------------------|-------------------------------------|---|--|
| Menu 11<br>April 17 | * | Apple Juice (4 oz)                | Handout        |                                   | Pre-packaged                        | ✓ | Any whole or individually portioned fruit or 100% juice        |
| May 15<br>June 12   | * | Mexican Cheesy Bake (6 oz)        | В              | #6 Scoop or 6 oz<br>Solid spoodle | 3 Compartment tray                  | ✓ | 3 oz Meat  |
|                     | * | Pinto Beans (1/2 c)               | A              | 4 oz Slotted<br>spoodle           | 3 Compartment tray                  | ✓ | Any bean or vegetable  |
|                     | * | Fiesta Corn (1/2 c)               | С              | 4 oz Slotted spoodle              | 3 Compartment tray                  | ✓ | Any vegetable  |
|                     |   | Flour Tortilla(1 each)            | D              | Glove                             | Wax bag                             | ✓ | Any bread, roll, or crackers                                   |
|                     | * | Raspberry Fruited Gelatin (1/2 c) | E              | #8 Scoop or 4 oz<br>Solid spoodle | Small squat cup                     | ✓ | Any pre-packaged cake, snack cake, cookie, pudding, or gelatin |
|                     | * | Milk (8 oz)                       | Handout        |                                   | Pre-packaged                        | ✓ | Milk, chocolate milk, or buttermilk                            |
|                     |   | Margarine (1 each)                | Handout        |                                   | Pre-packaged                        |   |  |

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| DATES               |   | MENU                            | TRAY    | UTENSIL                           | HOME DELIVERED PACKING |          | RECOMMENDED SUBSTITUTION                                       |
|---------------------|---|---------------------------------|---------|-----------------------------------|------------------------|----------|--|
|                     |   |                                 | CAVITY  |                                   | INSTRUCTIONS           |          |  |
| Menu 12<br>April 18 | * | Chicken Alfredo (6 oz)          | В       | #6 Scoop or 6 oz<br>Solid spoodle | 3 Compartment tray     | ✓        | 3 oz Meat  |
| May 16<br>June 13   | * | Tuscan Blend Vegetables (1/2 c) | С       | 4 oz Slotted spoodle              | 3 Compartment tray     | ✓        | Any vegetable  |
|                     | * | Mixed Green Salad (1/2 c)       | А       | Tongs                             | Large squat cup        | ✓        | Any vegetable or any pre-<br>packaged salad                    |
|                     |   | Wheat Bread (1 slice)           | D       | Glove                             | Wax bag                | ✓        | Any bread, roll, or crackers                                   |
|                     |   | Orange or Fresh Fruit (1 each)  | Е       | Glove                             |                        | ✓        | Any whole or individually portioned fruit                      |
|                     |   | Apple Spice Cookie (1 each)     | Handout |                                   | Pre-packaged           | <b>✓</b> | Any pre-packaged cake, snack cake, cookie, pudding, or gelatin |
|                     | * | Milk (8 oz)                     | Handout |                                   | Pre-packaged           | ✓        | Milk, chocolate milk, or buttermilk                            |
|                     |   | Margarine (1 each)              | Handout |                                   | Pre-packaged           |          |  |
|                     |   | Italian/Ranch Dressing (1 each) | Handout |                                   | Pre-packaged           |          |  |

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|---------------------|---|-----------------------------|----------------|-----------------------------------|-------------------------------------|----------|---|
| Menu 13<br>April 19 | * | Broiled Beef Patty (1 each) | В              | Tongs                             | 3 Compartment Tray                  | ✓        | 3 oz Meat   |
| May 17<br>June 14   |   | Hamburger Bun (1 ea)        | В              | Glove                             | Wax bag                             | ✓        | Any bread, roll, or crackers  |
|                     | * | Baked Beans (1/2 c)         | А              | 4 oz Slotted<br>spoodle           | 3 Compartment Tray                  | ✓        | Any bean or vegetable   |
|                     | * | Potato Salad (1/2 c)        | С              | 4 oz Solid spoodle<br>or #8 scoop | Small squat cup                     | ✓        | salad; or whole or individually   |
|                     | * | Shredded Lettuce (1/2 c)    | D              | Glove, tongs                      | Large squat cup - see Note A        | <b>✓</b> | Any vegetable or pre-packaged salad; or whole or individually portioned fruit |
|                     | * | Tomato (2 sl)               | D              | Glove, tongs                      | Large squat cup - see Note A        | <b>✓</b> | Any vegetable or pre-packaged salad; or whole or individually portioned fruit |
|                     | * | Onion (2 Tbsp)              | D              | Tablespoon                        | Wax bag - see Note B                |          |   |
|                     |   | Fruit Pie or Pastry         | E              |                                   | Pre-packaged                        | ✓        | Any pre-packaged cake, snack cake, cookie, pudding, or gelatin                |
|                     | * | Milk/Chocolate Milk (8 oz)  | Handout        |                                   | Pre-packaged                        | ✓        | Milk, chocolate milk, or buttermilk   |
|                     |   | Mustard/Ketchup/Mayo (1 ea) | Handout        |                                   | Pre-packaged                        |          |   |

Notes:

- A. Fill 1/2 full of lettuce to make a 1/2 cup and place tomato slices on top.
- B. Place 2 tablespoons of onion in wax bag.

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|---------------------|---|--|----------------|-----------------------------------|-------------------------------------|----------|--|
| Menu 14<br>April 20 | * | Orange Juice (4 oz)  | Handout        |                                   | Pre-packaged                        | ✓        | Any whole or individually portioned fruit or 100% juice        |
| May 18<br>June 15   | * | Chicken Breast (1each)/ Bell<br>Pepper Poultry Gravy (2 oz.) | В              | Tongs; solid spoon (sauce)        | 3 Compartment tray                  | ✓        | 3 oz Meat  |
|                     | * | Parslied Mashed Potatoes (1/2 c)                             | А              | #8 Scoop                          | 3 Compartment tray                  | ✓        | Any starchy side of potato, rice or pasta                      |
|                     | * | Cabbage/Collard Greens (1/2 c)                               | С              | 4 oz Slotted<br>spoodle           | 3 Compartment tray                  | <b>✓</b> | Any Vegetable  |
|                     |   | Cornbread (1 slice)  | D              | Glove,<br>knife/spatula           | Wax bag                             | ✓        | Any bread, roll, or crackers                                   |
|                     | * | Chocolate Pudding (1/2 c)                                    | Е              | #8 Scoop or 4 oz<br>Solid spoodle | Small squat cup                     | <b>✓</b> | Any pre-packaged cake, snack cake, cookie, pudding, or gelatin |
|                     | * | Milk/Buttermilk (8 oz)                                       | Handout        |                                   | Pre-packaged                        | ✓        | Milk, chocolate milk, or buttermilk                            |
|                     |   | Margarine (1 each)   | Handout        |                                   | Pre-packaged                        |          |  |

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|---------------------|---|---------------------------|----------------|-----------------------------------|-------------------------------------|---|--|
| Menu 15<br>April 21 | * | Blended Juice (4 oz)      | Handout        |                                   | Pre-packaged                        | ✓ | Any whole or individually portioned fruit or 100% juice        |
| May 19<br>June 16   | * | Sloppy Joe (4 oz)         | В              | #8 Scoop or 4 oz<br>Solid spoodle | 3 Compartment tray                  | ~ | 3 oz Meat  |
|                     |   | Hamburger Bun (1 ea)      | В              | Glove                             | Wax bag                             | ✓ | Any bread, roll, or crackers                                   |
|                     | * | Butter Beans (1/2 c)      | A              | 4 oz Slotted<br>spoodle           | 3 Compartment tray                  | ✓ | Any vegetable  |
|                     | * | Glazed Carrots (1/2 c)    | С              | 4 oz Slotted spoodle              | 3 Compartment tray                  | ✓ | Any vegetable  |
|                     |   | Red Velvet Cake (1 slice) | D              | Glove,<br>knife/spatula           | Large squat cup                     | ✓ | Any pre-packaged cake, snack cake, cookie, pudding, or gelatin |
|                     | * | Milk (8 oz)               | Handout        |                                   | Pre-packaged                        | ✓ | Milk, chocolate milk, or buttermilk                            |
|                     |   | Margarine (1 each)        | Handout        |                                   | Pre-packaged                        |   |  |

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|--------------------------|---|--|----------------|-----------------------------------|-------------------------------------|----------|--|
| <u>Menu 16</u><br>May 22 | * | Apple Juice (4 oz)                             | Handout        |                                   | Pre-packaged                        | <b>✓</b> | Any whole or individually portioned fruit or 100% juice        |
|                          | * | Sweet/Sour Meatballs (5 each);<br>Sauce (2oz.) | В              | Tongs, solid spoon                | 3 Compartment tray                  | ✓        | 3 oz. Meat   |
|                          | * | Asian Style Rice (1/2 c)                       | А              | #8 Scoop or 4 oz<br>Solid spoodle | 3 Compartment tray                  | ✓        | Any starchy side of potato, rice or pasta                      |
|                          | * | Asain Vegetable Blend (1/2 c)                  | С              | 4 oz Slotted spoodle              | 3 Compartment tray                  | ✓        | Any vegetable  |
|                          |   | Wheat Bread (1 each)                           | D              | Glove                             | Wax bag                             | ✓        | Any bread, roll, or crackers                                   |
|                          | * | Strawberry Fruited Gelatin (1/2 c)             | E              | #8 Scoop or 4 oz<br>Solid spoodle | Small squat cup                     | ✓        | Any pre-packaged cake, snack cake, cookie, pudding, or gelatin |
|                          | * | Milk (8 oz)                                    | Handout        |                                   | Pre-packaged                        | ✓        | Milk, chocolate milk, or buttermilk                            |
|                          |   | Soy Sauce (1 each)                             | Handout        |                                   | Pre-packaged                        |          |  |

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|---------------------|---|---------------------------|----------------|-------------------------|-------------------------------------|---|--|
| Menu 17<br>April 25 | * | Orange Juice (4 oz)       | Handout        |                         | Pre-packaged                        | ✓ | Any whole or individually portioned fruit or 100% juice        |
| May 23<br>June 20   | * | BBQ Pork Riblet (1 each)  | В              | Tongs, solid spoon      | 3 Compartment tray                  | ✓ | 3 oz Meat  |
|                     | * | Mashed Potatoes (1/2 c)   | А              | #8 Scoop                | 3 Compartment tray                  | ✓ | Any starchy side of potato, rice or pasta                      |
|                     | * | Okra and Tomatoes (1/2 c) | D              | 4 oz Slotted spoodle    | 3 Compartment tray                  | ✓ | Any vegetable  |
|                     |   | Dinner Roll (1 each)      | С              | Glove                   | Wax bag                             | ✓ | Any bread, roll, or crackers                                   |
|                     |   | Sponge Cake (1 slice)     | E              | Glove,<br>knife/spatula | Large squat cup                     | ✓ | Any pre-packaged cake, snack cake, cookie, pudding, or gelatin |
|                     | * | Milk (8 oz)               | Handout        |                         | Pre-packaged                        | ✓ | Milk, chocolate milk, or buttermilk                            |
|                     |   | Margarine (1 each)        | Handout        |                         | Pre-packaged                        |   |  |

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|---------------------|---|--------------------------------------|----------------|-----------------------------------|---|----------|---|
| Menu 18<br>April 26 | * | Seasoned Ground Beef (3 oz)          | A              | 3 oz Solid spoodle                | 3 Compartment tray                              | ✓        | 3 oz. Meat  |
| May 24<br>June 21   | * | Shredded Lettuce (1 c)               | В              | Glove/Tongs; see<br>notes A and B | Large squat cup (fill completely)               | ✓        | Any vegetable or pre-packaged salad   |
|                     | * | Shredded Cheese (2 T.)               | В              | Tablespoon; see note B            | Large squat cup (on top of lettuce); see Note B | <b>✓</b> | American cheese 2 (1/2 oz) slices or 1 oz shredded cheese per serving (2 T) |
|                     | * | Diced Tomato (2 oz)                  | В              | Glove/Tongs; see<br>note A        | Large squat cup - see Note A;                   | ✓        | Any vegetable   |
|                     |   | Corn Chips (1 pkg)                   | Handout        |                                   | Pre-packaged                                    | ✓        | Any individually portioned chips  |
|                     | * | Pinto Beans (1/2 c)                  | D              | 4 oz Slotted<br>spoodle           | 3 Compartment tray                              | ✓        | Any bean or vegetable   |
|                     |   | Fresh Orange or Fresh Fruit (1 each) | E              | Glove                             |   | <b>√</b> | Any whole or individually portioned fruit                                   |
|                     | * | Milk/Chocolate Milk (8 oz)           | Handout        |                                   | Pre-packaged                                    | <b>✓</b> | Milk, chocolate milk, or buttermilk   |
|                     | * | Sour Cream (1 ea)                    | Handout        | See Note C                        | Pre-packaged                                    |          |   |
|                     |   | Taco Sauce (1 ea)                    | Handout        |                                   | Pre-packaged                                    |          |   |

### Notes:

- A. Diced tomatoes will be packed separately from lettuce. Add tomatoes evenly on top of panned lettuce before serving.
- B. Cheese will be packed separately from lettuce. Sprinkle 2 tablespoons of cheese over each salad before serving.
- C. To temp sour cream packets, you will use same method as described in ENP manual.

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|---------------------|---|-----------------------------|----------------|-------------------------|-------------------------------------|----------|--|
| Menu 19<br>April 27 | * | Blended Juice (4 oz)        | Handout        |                         | Pre-packaged                        | <b>✓</b> | Any whole or individually portioned fruit or 100% juice        |
| May 25<br>June 22   | * | Mac and Cheese (6 oz)       | В              | 6 oz spoodle            | 3 Compartment tray                  | ~        | 3 oz. Meat   |
|                     | * | Blackeye Peas (1/2 c)       | С              | 4 oz Slotted<br>spoodle | 3 Compartment tray                  | ✓        | Any vegetable or bean  |
|                     | * | Turnip Greens/Roots (1/2 c) | A              | 4 oz Slotted<br>spoodle | 3 Compartment tray                  | <b>✓</b> | Any vegetable  |
|                     |   | Cornbread (1 slice)         | D              | Glove,<br>knife/spatula | Wax bag                             | ✓        | Any bread, roll, or crackers                                   |
|                     |   | Moon Pie (1 each)           | Е              |                         | Pre-packaged                        | <b>✓</b> | Any pre-packaged cake, snack cake, cookie, pudding, or gelatin |
|                     | * | Milk/Buttermilk (8 oz)      | Handout        |                         | Pre-packaged                        | ✓        | Milk, chocolate milk, or buttermilk                            |
|                     |   | Margarine (1 each)          | Handout        |                         | Pre-packaged                        |          |  |

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|---------------------|---|---|----------------|-----------------------------------|-------------------------------------|----------|--|
| Menu 20<br>April 28 | * | Sliced Roast Beef (2 oz)<br>(3 Slices bundled) See Note A | В              | Glove, tongs                      | 3 Compartment tray                  | <b>✓</b> | 2 oz Any meat  |
| June 23             | * | Sliced Cheese (1 oz) See Note A (2 slices each)           | В              | Glove, tongs                      | 3 Compartment tray                  | ✓        | 1 oz Any cheese  |
|                     | * | Lettuce (1/2 c); see Note B                               | Α              | Glove, tongs                      | 3 Compartment tray                  | ✓        | Any vegetable  |
|                     | * | Sliced Tomato (2 slices)<br>see Note A                    | А              | Glove, tongs                      | 3 Compartment tray                  | ✓        | Any vegetable or pre-packaged salad                            |
|                     | * | Three Bean Salad (1/2 c)                                  | D              | 4 oz Solid spoodle<br>or #8 Scoop | 3 Compartment tray                  | <b>✓</b> | Any Vegetable  |
|                     |   | Wheat Bread (2 slices)                                    | В              | Glove                             | Wax bag                             | ✓        | Any bread, roll, or crackers                                   |
|                     |   | Fresh Banana or Fresh Fruit (1 each)                      | С              | Glove                             |                                     | ✓        | Any whole or individually portioned fruit                      |
|                     | * | Banana Pudding (1/2 c)                                    | Е              | #8 Scoop or 4 oz<br>Solid spoodle | Small squat cup                     | ✓        | Any pre-packaged cake, snack cake, cookie, pudding, or gelatin |
|                     | * | Milk/Chocolate Milk (8 oz)                                | Handout        |                                   | Pre-packaged                        | ✓        | Milk, chocolate milk, or buttermilk                            |
|                     |   | Mustard/Mayonnaise (1 each)                               | Handout        |                                   | Pre-packaged                        |          |  |

Note A: Place Roast Beef and Sliced cheese on top of 1 slice of bread, cover with 2nd sl. of bread Note B: Fill 1/2 full of lettuce and place tomato slices on top.

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|------------------------|---|--|----------------|-------------------------------------|-------------------------------------|----------|--|
| Easter Menu<br>April 6 | * | Orange Juice (4 oz.)                                   | Hand out       |                                     | Pre-packaged                        | ✓        | Any whole or individually portioned fruit or 100% juice        |
|                        | * | Baked Ham 3 oz. (1 slice) with Pineapple Sauce (2 oz.) | В              | Tongs/solid spoon                   | 3 Compartment tray                  | ✓        | 3 oz. Meat   |
|                        | * | Scalloped Potatoes 1/2 c)                              | A              | 4 oz. Solid spoodle<br>or # 8 scoop | 3 Compartment tray                  | <b>✓</b> | Any starchy side of potato, rice or pasta                      |
|                        | * | Green Peas and Carrots (1/2 c)                         | С              | 4 oz. Slotted spoodle               | 3 Compartment tray                  | <b>✓</b> | Any vegetable  |
|                        |   | Dinner Roll (1 ea.)                                    | D              | Glove                               | Wax bag                             | ✓        | Any bread, roll, or crackers                                   |
|                        |   | Iced Carrot Cake (1 slice)                             | Е              | Glove,<br>knife/spatula             | Large squat cup                     | ✓        | Any pre-packaged cake, snack cake, cookie, pudding, or gelatin |
|                        | * | Milk (8 oz.)   | Handout        |                                     | Pre-packaged                        | ✓        | Milk, chocolate milk, or buttermilk                            |
|                        |   | Margarine (1 each)                                     | Handout        |                                     | Pre-packaged                        |          |  |

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| DATES                |   | MENU                                     | TRAY    | UTENSIL                           | HOME DELIVERED PACKING |          | RECOMMENDED SUBSTITUTION                                       |
|----------------------|---|--|---------|-----------------------------------|------------------------|----------|--|
|                      |   |  | CAVITY  |                                   | INSTRUCTIONS           |          |  |
| Memorial<br>Day Menu | * | BBQ Chicken Breast (3 oz.)<br>(One each) | В       | Tongs, solid spoon                | 3 Compartment tray     | <b>✓</b> | 3 oz Meat  |
| May 26               |   | Potato Chips (1 each)                    | Handout |                                   | Pre-packaged           | <b>√</b> | Any starchy side of potato, rice, pasta or pre-packaged chip   |
|                      | * | Mixed Green Salad (1/2 c)                | Α       | Tongs                             | Large squat cup        | ✓        | Any vegetable  |
|                      |   | Texas Bread (1 slice)                    | D       | Glove                             | Wax bag                | ✓        | Any bread, roll, or crackers                                   |
|                      |   | Fresh Banana or fresh fruit (1 each)     | С       | Glove                             |                        | ✓        | Any whole or individually portioned fruit                      |
|                      | * | Banana Pudding (1/2 c)                   | Е       | #8 Scoop or 4 oz<br>Solid spoodle | Small squat cup        | <b>✓</b> | Any pre-packaged cake, snack cake, cookie, pudding, or gelatin |
|                      | * | Milk/Chocolate Milk (8 oz.)              | Handout |                                   | Pre-packaged           | ✓        | Milk, chocolate milk, or buttermilk                            |
|                      |   | Margarine (1 each)                       | Handout |                                   | Pre-packaged           |          |  |
| 1                    |   | Italian/Ranch Dressing (1 each)          | Handout |                                   | Pre-packaged           |          |  |

### \*SERVING TEMPERATURE POLICY

- > Starred \* items are those foods most susceptible to bacterial growth, which may cause food borne illness.
- > If either **starred** hot items are below 135 degrees or **starred** cold items are above 41 degrees, they should not be served.
- > Whenever an item that is marked with a \* fails to meet temperature requirements, it <u>MUST</u> be replaced.

- ✓ Items marked with a ✓ <u>MUST</u> be replaced if you are short or if the product fails to make temperature.
- ✓ Condiments are an optional menu item. If you are short a condiment, you may replace it with a similar item if desired, but replacement is not required. This applies to: Margarine, Jelly, Salad Dressing, Mustard, Ketchup, Mayonnaise, Cranberry Sauce, Onions, Taco Sauce, and Sour Cream.
- ✓ If 2 non-checked items are missing, one must be replaced.
- √ Replace with the same item whenever possible.
- If substitutions need to be made, pack cold food items with cold and hot food items with hot. Do not mix hot and cold food items.